

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
6 Cinnamon Crunch Filled Pastry Sausage & Pancake on a Stick Mandarin Fruit Cup Pancake Syrup Low Fat Milk Chocolate Milk	7 Bagel w/ Sausage & Gravy Assorted Cold Cereals Assorted Muffin Loaves Assorted Fruit Juices Low Fat Milk Chocolate Milk	8 Bacon/Egg/Chee on Croiss Croissant Dunkin Stix Fresh Fruit Bowl Assorted Jellies Low Fat Milk Chocolate Milk	9 Breakfast Taco Assorted Cold Cereals Assorted Muffin Loaves Assorted Fruit Juices Low Fat Milk Chocolate Milk	10 Hot Oatmeal Crispy Toast Assorted Cold Cereals Assorted Muffin Loaves Fruit Cocktail Assorted Jellies Low Fat Milk Chocolate Milk
13 Bacon/Egg/Chee on Croiss Croissant Apple Frudel Fresh Grapes Assorted Jellies Low Fat Milk Chocolate Milk	14 Chicken Patty & Biscuit Assorted Cold Cereals Assorted Muffin Loaves Blushing Chilled Pears Assorted Jellies Low Fat Milk Chocolate Milk	15 Breakfast Sausage Pizza Fruit Flavor Cereal Bar Fresh Fruit Bowl Low Fat Milk Chocolate Milk	16 Hot Grits Bacon Strips Whole Wheat Toast Assorted Cold Cereals Assorted Muffin Loaves Sliced Strawberries Assorted Jellies Low Fat Milk Chocolate Milk	17 Breakfast Smoothie Assorted Cold Cereals Assorted Muffin Loaves Assorted Fruit Juices Low Fat Milk Chocolate Milk
20	21 Grilled Cheese Sandwich Assorted Cold Cereals Assorted Muffin Loaves Sliced Strawberries Low Fat Milk Chocolate Milk	22 Hot Grits Sausage Link Whole Wheat Toast Assorted Breakfast Bread Fresh Fruit Bowl Assorted Jellies Low Fat Milk Chocolate Milk	23 French Toast Sticks Choice of Strawberry & Blueberry Yogurts Fruit Flavor Cereal Bar Chilled Peach Slices Pancake Syrup Low Fat Milk Chocolate Milk	24 Sausage Patty Whole Grain Biscuit Assorted Cold Cereals Assorted Muffin Loaves Fresh Fruit Bowl Assorted Jellies Low Fat Milk Chocolate Milk
27 Pancakes Ham Slice Chocolate Covered Donuts Powdered Donuts Fresh Fruit Bowl Pancake Syrup Low Fat Milk Chocolate Milk	28 Sausage and Biscuit Assorted Cold Cereals Assorted Muffin Loaves Assorted Fruit Juices Assorted Jellies Low Fat Milk Chocolate Milk	29 Apple Frudel Assorted Cold Cereals Assorted Muffin Loaves Pineapple Tidbits Low Fat Milk Chocolate Milk	30 Hot Grits Whole Wheat Toast Bacon Strips Assorted Cold Cereals Assorted Muffin Loaves Assorted Fruit Juices Assorted Jellies Low Fat Milk Chocolate Milk	31 Breakfast Burrito Fruit Flavor Cereal Bar Assorted Fruit Juices Salsa Low Fat Milk Chocolate Milk

## GPSD K-12 <sup>th</sup> Breakfast Menu Subject to Change

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