

April 2023

Hines Middle School Breakfast and Lunch Menu

Lunch – \$3.00 paid SY22-2023 & 0¢-reduced □ Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with salad bar options of, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
3	Breakfast Egg & Cheese Biscuit Cereal & Grains Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Cheese Burger & Fries Veggie, Fruit & Milk	4	Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Beef & Cheese Nacho's w/ Corn Veggie, Fruit & Milk	5	Breakfast Breakfast Pizza- Cereal & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk	6	Breakfast Warm Cinnamon toast Crunch Pastry w/ Yogurt Lunch <i>Sandwiches & Salads daily</i> Beef & Bean Tostada w/ Refried beans & Chips Veggie, Fruit & Milk
10	Breakfast Warm Waffle- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Nuggets w/ Baked beans & WW Roll Veggie, Fruit & Milk	11	Breakfast Chocolate Oat Bar- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito w/ Corn Chips & RF Beans , Corn Veggie, Fruit & Milk	12	Breakfast Overnight oats w/ Berries- Cereal & Grains, fruit & Milk Veggie, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Veggie Egg Roll Veggie, Fruit & Milk	13 NO SCHOOL STUDENT-LED CONFERENCES	
17	Breakfast Whole Grain Maple Bar Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Cole Slaw Veggie, Fruit & Milk	18	Breakfast Blueberry Parfait- Crackers Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Seasoned Rice & Beans Veggie, Fruit & Milk	19	Breakfast French Toast w/ Berries Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Home Made Beef Lasagna & Tx Toast Veggie, Fruit & Milk	20	Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chili Dogs w/Whole Corn Chips Veggie, Fruit & Milk
24	Breakfast Sausage & Cheese E-Muffin- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger w/ Corn Veggie, Fruit & Milk	25	Breakfast Cereal Bar w/ Sun seeds Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Corn Dog w/ Pasta Salad Veggie, Fruit & Milk	26	Breakfast Fresh Cinnamon Roll- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk	27	Breakfast Cereal w/ Fruits and Grains, Milk Lunch <i>Sandwiches & Salads daily</i> Baked Potato w/ Chili & cheese Veggie, Fruit & Milk
		ALL LUNCH CHARGES NEED TO BE PAID IN FULL BY MAY 25, 2023 For the end of the school year					

This institution is an equal opportunity provider.