



SEPTEMBER 2023

Haak'u Community Academy

****This institution is an equal opportunity provider****

****Menu subject to change upon product availability**

Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day

4

Chicken Nuggets

5

Corn Dog

6

Chile Beans

7

Grilled Ham/Cheese

1

Tomato soup
Celery sticks w/peanut butter
Fresh or canned fruit

BBQ Pork Sandwich

8

Baked beans
Fresh or canned fruit

Chicken Sandwich

11

California vegetables
Fresh or canned fruit

Teriyaki Bowl

12

Mixed vegetables
Gelatin w/fruit

Pizza Supreme

13

Crudités with ranch
Fresh or canned fruit

Meatball Sandwich

14

Country vegetables
Fresh or canned fruit

Soup & Salad

15

Macaroni stew
Tossed salad w/ranch
Saltines
Fresh or canned fruit

**Parent/Teacher
Conferences**

18

Posole

19

Chuckwagon corn
Wheat roll
Fresh or canned fruit

Turkey Croissant

20

Fresh broccoli
Grapes
Fresh fruit

Spaghetti

21

Green beans
Garlic bread stick
Fresh or canned fruit

Fish Sticks

22

Mixed vegetables
Tartar sauce
Sidekick fruit cup

**Chicken Salad on
Lettuce**

25

Saltines
Cucumber
Fresh or canned fruit

**Turkey or Ham
Pinwheels w/Spinach**

26

Celery stick w/peanut butter
Sun chips

Red Beef Enchiladas

27

Pinto beans
Pasta salad
Fresh or canned fruit

Cheeseburger

28

Lettuce/tomato garnish
Mixed vegetable
Fresh or canned fruit

Birthday Celebration

Chef Salad

29

Diced ham or turkey
Crouton
Ranch
Fresh or canned fruit

**Low Fat 1% While milk or Fat Free Chocolate milk
Offered daily**