

2023/2024 Summer Resources for Families & Children



Activities

- Festivals and Cultural Celebrations: <https://www.visitsaintpaul.com/blog/hang-out-at-these-summer-events-in-saint-paul/>
- Summer Freedom Schools Program: <https://commed.spps.org/youth-programs/summer-cdf-freedom-schools>
- Free Summer YMCA membership grades 9-12: <https://www.ymcanorth.org/getsummer>
- Need a Bike? <https://bikes4kidsmn.org/our-mission/> for general info and <https://bikes4kidsmn.org/need-a-bike/> for filling out the "need a bike" form
- Summer Library Program: <https://sppl.org/summer/>
 - Access to ART through the library: <https://smartpass.melsa.org>
- Music in the Parks: <https://www.stpaul.gov/departments/parks-and-recreation/activities-events/summer-activities-events/music-parks>
- Movies in the Parks: <https://www.stpaul.gov/departments/parks-and-recreation/activities-events/summer-activities-events/movies-parks>

- St Paul/East Side Latino Art Gallery and Programing/Galería y programas de Arte Latino <https://clues.org/services/arts-gallery-and-programs/>

Youth Mentoring Programs:

- Big Brother - Big Sister Program: <https://www.bigstwincities.org/youth-mentoring/>
- Tree House Youth Mentoring Program: <https://treehousehope.org/programs/>
- Bolder Options: <https://www.bolderoptions.org/about-us>

Food Support:

- <https://www.2harvest.org/get-help/summer-meals-kids>
- <https://www.fns.usda.gov/meals4kids>
- <https://ihelpmarketsquare.com/>

Counseling/Mental Health Support:

- **Breathe: Tools to distract, relax and help you cope (English and Spanish):**
<https://www.rccmhc.org/breathe>
- Children's Mental Health Collaborative: <https://www.rccmhc.org/>
- Free Counseling: <https://walkin.org/>
- Free Mental Health Screenings Prairie Care: 952-826-8475 OR <https://prairie-care.com/getting-started/>
- Crisis Lines for times of crisis **or before a crisis situation arises:**
 - Children's Mental Health Crisis: 651-266-7878
 - Adult Mental Health Crisis: 651-266-7900

Find additional summer resources on Cornerstone's Website Resource page:
<https://www.cornerstone-elementary.org/resources>

We hope you have a safe & happy summer break!