Amite County Elementary School

March 2023 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Mar - 1  Hamburger  Fries  Baked Beans  Ketchup 3  Mayonnaise 1  Mustard 1  Pudding  Fruit  Milk | Mar - 2  Chicken Tenders  Roll  Mashed Potatoes / Gravy  Green Beans  Dipping Sauce 1  Ketchup 2  Fruit  Milk | Mar - 3  Chili Cheese Fries  Cheesy Broccoli  Baby Carrots / Dressing  Snack Cookies  Fruit  Milk |
| Mar - 6  Corn Dog  Fries  California Veggies  Ketchup 3  Mustard 1  Fruit  Milk | Mar - 7  Nachos  Corn  Baby Carrots / Dressing  Brownies  Sour Cream  Taco Sauce  Fruit  Milk | Mar - 8  BBQ Meatballs  Garlic Toast  Mashed Potatoes / Cheese  Seasoned Lima Beans  Chocolate Chip Cookie  Fruit  Milk | Mar - 9  Hamburger Steak / Gravy  Rice  Roll  Yam Patties  Green Peas  Fruit  Milk | Mar - 10  Ham & Cheese on Hoagie  Tater Tots  Cheesy Broccoli  Ketchup 2  Mayonnaise 1  Mustard 1  Fruit  Milk |
| Mar – 13 School Holiday Mar – 14 School Holiday Mar – 15 School Holiday Mar – 16 School Holiday Mar – 17 School Holiday  Spring Break | | | | |
| Mar - 20  Pizza  Tater Tots  Green Beans  Ketchup 2  Fruit  Milk | Mar - 21  Spaghetti & Meat Sauce  Garlic Toast  Black-Eyed Peas  Vegetable Juice  Fruit  Milk | Mar - 22  Hot Dogs  Crinkle Cut Fries  Italian Sliced Carrots  Ketchup 3  Mustard 1  Mayonnaise 1  Fruit  Milk | Mar - 23  Pork Chop  Roll  Mashed Potatoes / Gravy  Cheesy Broccoli  Pudding  Fruit  Milk | Mar - 24  Chili Cheese Fries  Corn  Ketchup 1  Snack Cookies  Fruit  Milk |
| Mar - 27  Hot Grits  Sausage Patty Scrambled Eggs  Toast / Jelly  Blueberry CookieBites  Hashbrowns / ketchup 1  Vegetable Juice  Fruit  Milk | Mar - 28  Korean BBQ Sauce  Stir Fried Rice  Steamed Carrots  Green Beans  Roll  Fruit  Milk | Mar - 29  Hamburger  Fries  Baked Beans  Ketchup 2  Mayonnaise 1  Mustard 1  Fruit Juice  Fruit  Milk | Mar - 30  Macaroni & Cheese/ Ham  Mustard Greens  Lemon Glazed Carrots  Cornbread  Fruit  Milk | Mar - 31  Nachos  Salsa  Corn  Jello  Fruit  Milk |

\*Milk served daily: fat-free Chocolate and low-fat white milk. \*

\*\*Menu subject to change due to unforeseen circumstances. \*\*

\*\*\*This institution is an equal Opportunity Provider\*\*\*

Amite County Schools are Offer vs Serve schools

Students are encouraged to select all five components offered:

Meat/Meat alternative, Grain, Vegetable, Fruit, Milk

However, students are only required to select at least three components with ONE of those three being a fruit or a vegetable to be a reimbursed meal from the federal government.