

October 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
					Pizza, baby carrots, corn nuggets, juice cup, fruit	
3	4	5	6	7	8	9
	hamburger, chips, squash casserol, lettuce & tomato fruit	chicken & rice, black eyed peas, roll, steamed broccoli fruit	BBQ pork sandwich, potato rounds, baked beans fruit	egg, grits, biscuit sausage link, raw veggies, sliced tomato fruit	Pizza, corn on cobb, raw veggies, muffin, fruit	
10	11	12	13	14	15	16
	hot dog, fries, steamed broccoli saurkraut, fruit	crispito, refried beans, tortilla chips, cheese sauce fruit	spaghetti, salad breaded cheese stick, green beans fruit	chicken bites, green peas, roll, hashbrown, baby carrots fruit	Pizza, salad, corn cookie, fruit	
17	18	19	20	21	22	23
	salisbury steak, potatoes, turnips, cornbread, cookie fruit	fajita, stir fry veggies, rice, roll, fruit	taco, soft tortilla cheese sauce & chips, kidney beans fruit	hamburger, chips squash casserole, lettuce & tomato fruit	pizza, salad, mac & cheese, juice cup, fruit	
24	25	26	27	28	29	30
	corn dog, fries, green beans, fruit	bbq, baked beans, coleslaw, roll, fruit	turkey roast, potatoes & gravy lima beans, roll, fruit	turkey & cheese sandwich, chips, broccoli salad, kidney beans	pizza, corn nuggets, salad, baby carrots, fruit	
31	1	Notes				