

NOVEMBER BREAKFAST 2024

MON

TUE

WED

THU

FRI

				1 Scooby Doo Crackers Yogurt Sliced Peaches Blueberries Milk
4 Blueberry Pop Tart String Cheese Fruit Punch Banana Milk	5 Egg Pattie/Toast Apple Juice Pineapple Milk	6-2 HR LATE START	7 Mini Waffles Strawberries Grape Juice Pancake Syrup Milk	8 Cereal Pears Fresh Orange Milk
11 NO SCHOOL	12 Blueberry Snack Waffle Banana Applesauce Milk	13 Cereal Peaches Fruit Punch Milk	14 Dutch Waffle Strawberries Fruit Punch Milk	15 Apple Frudel Orange Juice Pears Milk
18 Brekkie Bar Dragon Punch Mandarin Oranges Milk	19 Breakfast Pizza Sliced Peaches Grape Juice Milk	20 Mini Pancake Wraps Kiwi Fruit Punch Pancake Syrup Milk	21 Ham Patty English Muffin Dragon Punch Pineapple Chunks Milk	22 Cream Cheese Bagel Fresh Orange Applesauce Milk
25 Benefit Bar Dragon Punch Mixed Fruit Milk	26 Breakfast Pizza Sliced Peaches Grape Juice Milk	27 Apple Donut Sliced Pears Orange Juice Milk	28 NO SCHOOL	29 NO SCHOOL

ANNOUNCEMENTS

Breakfast requirements Students must select at least 3 food components
Fruit/Vegetable at least ½ cup- required
Grains
OR
Meat/Meat Alternate
OR
Milk

Students must select at least 3 food items
A food component is one of the required food groups (fruit/vegetable, grains, meat/ meat alternate and milk). A food item is a specific food offered. Some menu items may be planned to count as two items. For example, a large muffin may count as two grain items. Another example, breakfast pizza may count as a grain and a meat/meat alternate.
MENU SUBJECT TO CHANGE

MEAL PRICES

Students receive Free Breakfast
This institution is an equal opportunity provider.

PLACE SCHOOL
LOGO HERE

MENU

NOVEMBER

K-12 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Galaxy Pizza Salad Fruit
Chicken Sandwich Au Gratin potatoes Salad Fruit	Cheese Quesadilla Refried beans Salad Fruit	Tater tot hotdish Bread & butter Salad Fruit	Chili Cornbread Salad Fruit	Pizza Sticks Salad Fruit
NO SCHOOL	Nachos w/ ground beef Fajita peppers Salad Fruit	Popcorn Chicken(k-2) Mandarin Chicken Stir fry veggies Fruit	Beef Stew Dinner Roll Salad Fruit	Hot ham& cheese(k-2) Italian Sub Chips Salad Fruit
Sloppy Joes Gems Salad Fruit	Softshell tacos w/ground beef Salad Fruit	Hot Dog Baked beans Salad Fruit	*Turkey Dinner* Mashed Potatoes Dinner Roll Green Beans Fruit	French bread pizza Corn Salad Fruit
Cheeseburgers Fries Salad Fruit	Pirate Taco Refried beans Salad Fruit	Ham & cheese (k-2) Deli Turkey Sandwich Chips Salad Fruit	NO SCHOOL	NO SCHOOL

Please contact Kelsea Desrocher with any questions at 218-445-5184 ext 210
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Food Services Director

* ALL MENU
ITEMS SUBJECT
TO CHANGE*

