

## Counselors' Office

Mrs. Jamie Stephens  
*School Counseling Director*

Mrs. Shanika Garvain  
*School Counselor*

Mrs. Regina Simon  
*Registrar / Admin. Asst.*

## Attendance

If your student is marked absent in any class period, they will need to get an excuse to Mrs. I. Williams (Attendance Clerk) as soon as they return to school. Her email address is

[idwilliams@ccpsonline.net](mailto:idwilliams@ccpsonline.net)

Thank you for your cooperation.

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Happy  
Thanksgiving

Saints!



*Thanksgiving Break*

*November 23<sup>rd</sup> - 25<sup>th</sup>*

*Christmas Break*

*December 19<sup>th</sup> - January 2<sup>nd</sup>*

## GUIDANCE LESSON

### 10 mental health awareness tips for older teens and young adults

1. A mental health condition is the result of multiple causes, not just one
2. There are no bad emotions
3. Be aware of new or sudden changes
4. Understand that social media isn't just a teen problem
5. Know that the pandemic will continue to have lasting impacts on many teenagers and young adults
6. Avoid tying self-worth to an outcome
7. Help a teen or young adult get care or be more involved in the care they're receiving
8. Ask questions about their treatment
9. Create more welcoming, safe spaces for those who identify with the LGBTQ+ community
10. Have constructive conversations around suicide

*If you or someone you know experiences a mental health crisis, chat online with the National Suicide Prevention Lifeline or call them at 800-273-8255. For veterans experiencing a mental health crisis: Call 1-800-273-8255 and Press 1, chat live, or text 838255. Starting in mid-July, a suicide hotline will also be available by dialing 988 from any phone.*

### Educational Quote

*"Judge each day not by the harvest you reap, but by the seeds you plant." ~ William A. Ward*

# COLLEGE INFORMATION

## *Lessons of Life*

*Don't drive faster than your Guardian Angel can fly...*

*Don't say I love you, if you plan to say goodbye...*

*Do to others only, what you'd want done to you...*

*And never be ashamed of anything you do!*

*It sounds so very simple...*

*Should be a piece of cake...*

*But, clearly we're just humans, with our mistakes to make.*

*So always strive your hardest to be the best you can...*

*Never take a shortcut that might hurt your fellow man.*

*Walk the straight and narrow if temptations call to you...*

*And make the Angels proud of everything you do!*

*~ AmaWanda J.*



*It's Your Time To...*

***Apply for FAFSA!***

**Need Scholarship Help!!! Look No Further Than...**

<https://www.scholarships.com/financial-aid/college-scholarships/scholarship-directory/deadline/deadline-in-october>

<https://www.scholarships.com/financial-aid/college-scholarships/scholarship-directory/deadline/deadline-in-november>

<https://www.scholarships.com/financial-aid/college-scholarships/scholarship-directory/deadline/deadline-in-december>

**CHECK OUT THIS SCHOLARSHIP**



<https://globalteletherapy.com/scholarship/>

## **Special Dates to Remember**

November 21<sup>st</sup> – Interim Reports Issued

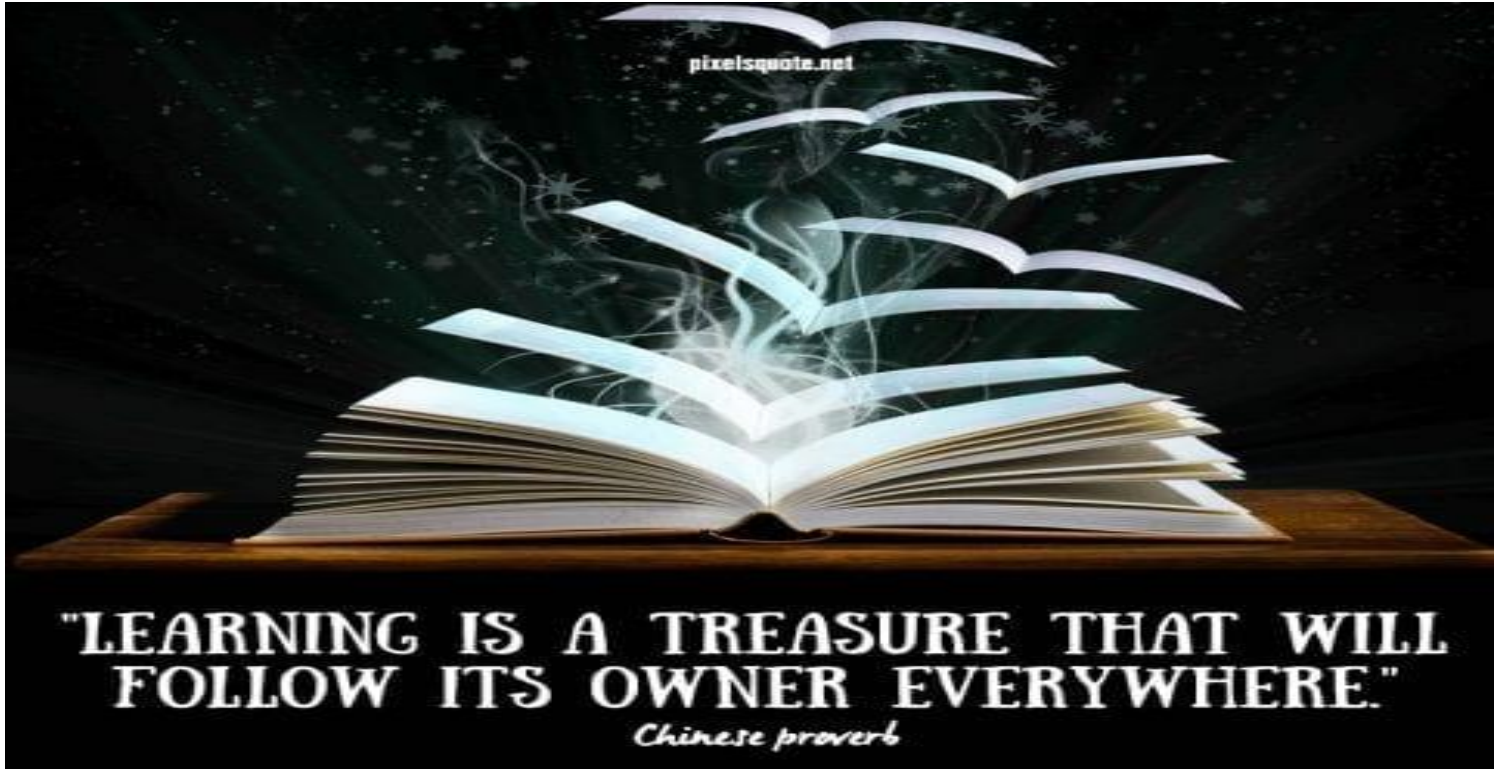
November 23<sup>rd</sup> – 25<sup>th</sup> – Thanksgiving Break

December 19<sup>th</sup> – January 2<sup>nd</sup> – Winter Break (Christmas)

January 3<sup>rd</sup> – Students Return to School

January 10<sup>th</sup> – 1<sup>st</sup> Semester Ends

***January 16<sup>th</sup> – Martin L. King Holiday ( No School)***



## **End -of-Corse Examinations**

Tuesday, December 13<sup>th</sup>

**U.S. History**

**Biology**

## **1<sup>st</sup> Semester Examination**

**1<sup>st</sup> & 3<sup>rd</sup> Periods**  
Wednesday, December 14<sup>th</sup>

and

**2<sup>nd</sup> & 4<sup>th</sup> Periods**  
Thursday, December 15<sup>th</sup>

# *Gold Scholars*

Gold Scholars scored a 100 on the EOC or scored at the Gold or Platinum level on Workkeys. A "Gold Scholar" will be given a gold card to enter all school events free of charge for the entire school year and they will also be able to move ahead in the lunch line.

## **College and Career Ready Workkeys**

### **GOLD**

Alayshia Brigmon

Shanari Buckner

Jaliese Fludd

Adamaris Martinez-Rodriguez

Thayne Mina

Arely Moreno

Journey Reed

Christopher Rodriguez

Amari Ryant

Evyn Smith

Sean Zander Key

Jillian Zeigler

### **Platinum**

Callie Dukes

Noemi Landeros-Silva

Samantha Maldonado

Manuel Mendez-Vaca

Jessica Palmer

Cameron Rose

### **ACT/SAT Scholar**

Emily Westberry

### **Biology EOC**

Dylan Adkins

Ethan Alsup

Melaysia Pough



*CONGRATULATIONS  
GOLD SCHOLARS!*

# *Principal's List ~ 1 Nine Weeks*

## 9<sup>th</sup> Grade

*Anna Cassidy*  
*Aubreyanna Lewis*  
*Ella Mina*  
*Kimberly Rivera-Aguirre*  
*Alyssa Rucker*  
*Monica Serrano*  
*Tyera Wannamaker*  
*Robert Westberry*

## 10<sup>th</sup> Grade

*Shaniya Adams*  
*Ethan Alsup*  
*Janyah Brown*  
*Princessxyida Diaz*  
*Takayla Odom*  
*Melaysia Pough*

## 11<sup>th</sup> Grade

*De'Corius Canty*  
*Julius Carter*  
*De'India Elmore*  
*David Garcia-Toribio*  
*Valeria Gutierrez*  
*Shaniya Hayes*  
*Relinda Riley*  
*Xander Robertson*  
*Madison Spencer*  
*Davee-Auna Waddell*  
*Jessica Westberry*  
*Roger Whaley, II*  
*Sophia Zambrano*

## 12<sup>th</sup> Grade

*Zion Baker*  
*Tishantris Bodrick*  
*Alayshia Brigmon*  
*Shanari Buckner*  
*Madison Buyck*  
*Mylure Diaz*  
*Callie Dukes*  
*Jacob Dukes*  
*Jaliese Fludd*  
*Gabriel Golden*  
*Ladaysha Hamilton*  
*Brian Henson, Jr.*  
*Noemi Landeros-Silva*  
*Sierra Lawrence*  
*Adamaris Martinez- Rodriguez*  
*Lillian Maunz*  
*Manuel Mendez-Vaca*  
*Thayne Mina*  
*Arely Moreno*  
*Adrian Nunez-Gomez*  
*Jessica Palmer*  
*Jon'Nae Palmer*  
*Dalen Ramsey*  
*Journey Reed*  
*Citalalic Renteria*  
*Cameron Rose*  
*Lilly Serrano*  
*Tracy Smith*  
*Savanna Stevenson*  
*Tyshon Vogt*  
*J'Nya Whaley*  
*Jillian Zeigler*

# *Congratulations Saints!*



# Honor Roll ~ 1 Nine Weeks

## 9<sup>th</sup> Grade

Auburn Ackiss  
Juan Alonso-Rodriguez  
Kaylen Bagwell  
Jaylen Baker  
Traveon Baker  
Jikoui Brown  
Hailey Carter  
Kailey Carter  
Michaela Craven  
Ty'Teonna Dash  
Miyonna Elmore  
Mari Gardner  
Asia Gethers  
Karson Gibbs  
Jaydien Gleaton  
Christopher Glover, II  
Miryam Gutierrez-Ulloa  
Caitlin Haynes  
Trae'Vionna Jenkins  
Arianna Michael  
Taryn Mintz  
Marley Morales  
Sarahly Navarrete  
James Overstreet  
Jayden Parker  
Tabitha Smalls  
Daniel Tamayo  
Isabella Torres  
Layla Villegas  
Jordan Walker  
Precious Williams  
Kierra-Michelle Wright

## 10<sup>th</sup> Grade

Paley Adicks  
Dylan Adkins  
Kimberly Alvarez-Marquez  
Kyrieona Bennett  
Amauri Berry  
Jalil Burrus-James  
Marissa Craven  
D'Aria Darby  
Phorever Glover  
Rogelio Gomez  
Isaiah Johnson  
Chasity Overstreet  
Jon'Tai Palmer  
Clark Prochaska  
Curtis Randolph  
Tania Rodriquez-Sanchez  
Diana Rodriquez  
Alexa Tamayo  
Heaven Thompson  
Kellie Waddell  
Camari Whitmore

## 11<sup>th</sup> Grade

Destiny Andrade  
Jayshawn Benjamin  
Ajahnae Brigmon  
Ja'Darius Brown  
Takara Brown  
Alesha Carter  
John Faust  
Deyshawn Glover  
Marcus Guest  
Cyncere Hayes  
Amare Haynes  
Shy'Lyria Johnson  
Jamontae Key  
Darby Lavender  
Antwanette Lockhart  
Gabrielle Lockhart  
Nigeria Matthews  
Anaria Moorer  
Jah'Kye Parker  
Ahmir Smith  
Kenyon Stroman  
Noah Tedder  
De'Mondre Turkvan  
Christian Zachary

## 12<sup>th</sup> Grade

Luther Alsup  
Carlos Alvarez  
Azaria Bonnette  
Zion Brunson  
Mariana Cruz  
Zariah Diggs  
Malaysia Felder  
Fantasia Griddle  
Trissta Hale  
Kemyriah Haynes  
Kamaria Izlar  
Alyssa Jeffcoat  
Richard Kline  
Dylan Lawson  
Justin Lee  
Anastasia Logan  
Samantha Maldonado  
Brian Murph  
Edwina Roberts  
Amari Ryant  
Da'Veon Scott  
Rhakeem Wilson  
Sean Zander-Key  
Cassidy Zeigler

# Congratulations Saints!