

OCTOBER 2024

Portage Area Elementary School

Daily Entree Alternates:
 Stuffed Crust Pizza (Mon. – Thurs.)
 Meat Lovers Stromboli (Fridays Only)
 Blueberry Yogurt Parfait

Milk Offered Daily:
 Fat Free or 1%

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Chicken Quesadilla
 Fresh Baby Carrots
 Fresh Sliced Cucumbers
 Cheesy Pizza Hummus
 Side Salad with Sliced Tomatoes
 Whole Apple
 Fresh Apple Slices
 Dried Cherries
 Choice of Milk

7
 Deli Turkey & Cheese Croissant
 Fresh Baby Carrots
 Smiley Fries
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Fresh Banana
 Dried Cherries
 Grape Juice
 Choice of Milk

2
 Philly Steak Sandwich
 Fresh Baby Carrots
 Steamed Mixed Vegetables
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Dried Cherries
 Chilled Mandarin Oranges
 Cherry Star Juice
 Choice of Milk

8
 Taco Dip with Tostitos
 Fresh Baby Carrots
 Fresh Sliced Green Peppers
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries
 Cinnamon Applesauce Cup
 Choice of Milk

3
 Italian Meatball Bowl
 with Dinner Roll
 Fresh Baby Carrots
 Cheesy Pizza Hummus
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Dried Cherries
 Diced Pears
 Choice of Milk

9
 Mandarin Orange Chicken
 With Brown Rice
 Fresh Baby Carrots
 Steamed Broccoli
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries/Chilled Pineapple Chunks
 Cherry Star Juice
 Choice of Milk

4
 Mustang Hoagie
 Fresh Baby Carrots
 Side Salad with Sliced Tomatoes
 Steamed Peas
 Fresh Apple Slices/ Diced Peaches
 Dried Cherries
 Fruit Punch Juice
 Choice of Milk
 Mini Chocolate Chip Cookies

10
 Cheesy Noodles with Beef
 Fresh Baby Carrots
 Fresh Veggie Boat
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries
 Strawberry Cup
 Choice of Milk

5
 Popcorn Chicken
 Fresh Baby Carrots
 Steamed Carrots
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices/ Diced Peaches
 Dried Cherries
 Fruit Punch Juice
 Choice of Milk
 Chocolate Ice Cream Sundae

14
No School

15
 Taco In a Bag
 Fresh Baby Carrots
 Steamed Green Beans
 Side Salad with Sliced Tomatoes
 Whole Apple
 Fresh Apple Slices
 Dried Cherries
 Choice of Milk

16
 Tomato Soup with
 Toasted Cheese Sandwich
 Fresh Baby Carrots
 Steamed Carrots and Peas
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices/Dried Cherries
 Chilled Mandarin Oranges
 Cherry Star Juice
 Choice of Milk

17
 Chicken Puff Pastry
 with Breadstick
 Fresh Baby Carrots
 Mashed Potatoes
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Dried Cherries
 Diced Pears
 Choice of Milk

18
 Mini Corn Dogs
 Fresh Baby Carrots
 Baked Beans
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Diced Peaches/Dried Cherries
 Fruit Punch Juice
 Choice of Milk
 Cinnamon Goldfish Graham Cracker

21
 Cheeseburger/Bun
 Fresh Baby Carrots
 French Fries
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Banana
 Dried Cherries
 Grape Juice
 Choice of Milk

22
 Hard Shell Chicken Tacos
 Fresh Baby Carrots
 Chocolate Brownie Batter Hummus
 California Vegetable Blend
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries
 Cinnamon Applesauce Cup
 Choice of Milk

23
 Chicken Alfredo
 Fresh Baby Carrots
 Steamed Broccoli
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries
 Chilled Pineapple Chunks
 Cherry Star Juice
 Choice of Milk

24
 Popcorn Chicken Bowl
 with Dinner Roll
 Fresh Baby Carrots
 Chocolate Brownie Batter Hummus
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Dried Cherries
 Strawberry Cup
 Choice of Milk

25
 Scrambled Eggs with Funnel Cake Sticks
 Fresh Baby Carrots
 Hash Brown Rounds
 Side Salad with Sliced Cucumbers
 Fresh Apple Slices
 Diced Peaches/Dried Cherries
 Fruit Punch Juice/ Choice of Milk
 Chat Snax Vanilla Graham Crackers

28
 Deli Ham & Cheese/Pretzel Bun
 Fresh Baby Carrots
 Cool Ranch Chickpeas
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Dried Cherries
 Chilled Mixed Fruit
 Grape Juice
 Choice of Milk

29
 Chicken Taco Bowl
 Fresh baby Carrots
 Fresh Broccoli
 Side Salad with Sliced Tomatoes
 Whole Apple
 Fresh Apple Slices
 Dried Cherries
 Choice of Milk

30
 Popcorn Shrimp with
 Macaroni and Cheese
 Fresh Baby Carrots
 Diced Seasoned Potatoes
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices/Dried Cherries
 Chilled Mandarin Oranges
 Cherry Star Juice
 Choice of Milk

31
 Pierogi's with Sausage Patty
 Fresh Baby Carrots
 Fresh Veggie Boat
 Side Salad with Sliced Tomatoes
 Fresh Apple Slices
 Dried Cherries
 Diced Pears
 Choice of Milk
 Pumpkin Ice Cream



To qualify as a free lunch, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
 Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>