

**Sex Education and HIV/STI Prevention  
Parent Notification Form and Request to Excuse Child from Instruction  
Midland Public Schools Notification to Parents/Guardians  
for the Topics for Teens class**

Dear Parent or Guardian:

We are about to begin teaching the Topics for Teens class taught by a qualified health teacher. The outline and standards for this unit can be found on the district website at [www.midlandps.org/health-physical-education](http://www.midlandps.org/health-physical-education) or a paper copy can be requested from the teacher. This program of instruction was approved by the Midland Public Schools Board of Education. As a parent, you have several rights:

- You must be notified prior to instruction on sex education and/or HIV/STI prevention.
- You may preview the curriculum and materials. To do so, please contact: Joe Amabile, MPS Curriculum Specialist email: [amabilej@midlandps.org](mailto:amabilej@midlandps.org)
- You may view the lessons being taught if you wish. To do so, you must schedule your visit at least 48 hours prior to the class you want to observe. To schedule your lesson observation, please contact the school principal.
- You may excuse your child from this instruction without penalty. If you decide that your child should not participate in some or all the lessons, please complete the Exemption Request below and return it to the classroom teacher.

**Request to Excuse Child from Instruction**

1. If you want your child to participate in the sex education and/or HIV/STI prevention lessons described on the attached list, you do not need to return this form.
2. If you want your child to be excused from some or all the sex education and/or HIV/STI prevention lessons **this year**:

	<ul style="list-style-type: none"> <li>● Initial this box.</li> <li>● On a paper copy of the curriculum outline, circle the objectives from which your child will be exempted and return that with this form.</li> <li>● If you wish for your child to be exempted from all objectives in the Topics for Teens, initial here _____.</li> <li>● Complete this form.</li> <li>● Return the curriculum outline and this completed form to the classroom.</li> </ul>
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3. If you want your child to be excused from all the sex education lessons **this school year and each year hereafter**:

	<ul style="list-style-type: none"> <li>● Initial this box.</li> <li>● Complete this form.</li> <li>● Return the completed form to the classroom teacher, with a copy to the building principal.</li> </ul>
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Student Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_