

# K-8 Lunch Menu

(WCSD) K-8 Menu

OCTOBER 2025

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1

Sausage WCSD  
Waffles  
Cereal Variety  
Nutri-Grain Cereal Bar Strawberry WCSD  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

2

Breakfast Sausage Patty  
String Cheese  
Grits  
Scrambled Eggs  
Cereal Variety  
Blueberry Cereal Bar  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Vanilla Fat Free  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

3

Breakfast Pizza Sausage  
Cereal Variety  
Strawberry Cereal Bar  
Apple Wedges  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

6

Muffins  
Stuffed Breakfast Sandwich Sc  
hwan 890-4446  
Cereal Variety  
Blueberry Cereal Bar  
Apple Wedges  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

7

8

9

10

13

French Toast Sticks  
Breakfast Sausage Patty  
Cereal Variety  
Snack Bar, Cereal Blueberry I  
W  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

14

Breakfast Sausage Patty  
Scrambled Eggs  
String Cheese  
Grits  
Cereal Variety  
Strawberry Cereal Bar  
Fresh Fruit  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

15

Sausage Biscuit  
Cereal Variety  
Blueberry Cereal Bar  
Grapes  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

16

Muffins  
Stuffed Breakfast Sandwich Sc  
hwan 890-4446  
Cereal Variety  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

17

Breakfast Pizza Sausage  
Cereal Variety  
Apple Cereal Bar  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

20

Ham  
Whole Grain Biscuit  
HONEY BUN PASTRY:ELEM  
Cereal Variety  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

21

Pancakes  
Sausage Link  
Cereal Variety  
Strawberry Cereal Bar  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Vanilla Fat Free  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

22

Muffins  
Stuffed Breakfast Sandwich Sc  
hwan 890-4446  
Cereal Variety  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

23

Breakfast Sausage Patty  
Scrambled Eggs  
String Cheese  
Grits  
Cereal Variety  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

24

Breakfast Pizza Sausage  
Cereal Variety  
Blueberry Cereal Bar  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Vanilla Fat Free  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

27

Sausage Biscuit  
HONEY BUN PASTRY:ELEM  
Cereal Variety  
Applesauce  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

28

Muffins  
Stuffed Breakfast Sandwich Sc  
hwan 890-4446  
Cereal Variety  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

29

Breakfast Sausage Patty  
Scrambled Eggs  
String Cheese  
Grits  
Cereal Variety  
Strawberry Cereal Bar  
Apple Wedges  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

30

Pancake Sausage Sandwich  
Cereal Variety  
Apple Cereal Bar  
Grapes  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free

31

Breakfast Pizza Sausage  
Cereal Variety  
Snack Bar, Cereal Blueberry  
WCSD Nutri-Grain  
Fruit Cup  
Juice Variety  
Milk 1%  
Milk Chocolate Fat Free  
Milk Strawberry Fat Free