



# Lunch K-7

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mexican Pizza Grilled Chix Sandwich Fruit and Yogurt To Go Crinkle Cut Fries Mixed Vegetables Vegetable Juice Blueberries w Topping Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup	3 Chicken Tenders Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Rice Brown Gravy Black-Eyed Peas Seasoned Cabbage Fresh Fruit Bowl Chilled Fruits Flavored Raisins Fruit Juice Cornbread Low Fat Milk Chocolate Milk Ketchup Variety of Dipping Sauce	4 Cheeseburger French Bread Pizza Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup	5 Chili with Beans Chix Patty Sandwich Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Seasoned Green Beans Carrot-Raisin Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup	6 Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard
9 Chicken Fajitas Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Flavored Raisins Fruit Juice Low Fat Milk Chocolate Milk Assorted Puddings Ketchup Mayonnaise Mustard	10 BBQ Pork Sandwich Grilled Chix Sandwich Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk	11 Chicken Spaghetti Ham and Cheese Wrap Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard	12 Taco Soup Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Graham Crackers	13 Stuffed Crust Pizza Turkey & Cheese/Bun Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Crinkle Cut Fries Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Fruited Gelatin Low Fat Milk Chocolate Milk Mayonnaise Mustard
16 Sloppy Joe on Bun Southern Chicken Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Saltine Crackers Ranch Dressing Baked Beans Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup	17 Roasted Chix Wings Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Mashed Potatoes Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies	18 BBQ Rib Sandwich Grilled Cheese Sandwich Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Sidewinder Potatoes Baby Carrots w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Flavored Raisins Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard	19 Manager's Choice	20 Manager's Choice

This institution is an equal opportunity provider.