

Frazier High School Breakfast Menu December 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				December 1st Dutch Waffle Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 4th Mini Pancakes Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 5th Soft Cinnamon Toast Crunch Bar Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 6th Chocolate Chip French Toast Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 7th Frudel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 8th Breakfast Pizza Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 11th Raspberry Mini Loafs Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 12th Mini Maple Waffle Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 13th Oatmeal Banana Chocolate Chip Round Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 14th Mini Cinnis Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 15th Egg and Cheese Muffin Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 18th Mini Cinnamon Cream Cheese Bagel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 19th Mini Blueberry Pancakes Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 20th Cinnamon Roll Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 21st Chocolate Filled Crescent Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 22nd Soft Cocoa Puffs Bar Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 25th Christmas Holiday Break No School	December 26th Christmas Holiday Break No School	December 27th Christmas Holiday Break No School	December 28th Christmas Holiday Break No School	December 29th Christmas Holiday Break No School

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

High School Alternate Options May Include:

Banana or Blueberry Muffins
Benefit Breakfast Bar
WG Pop Tarts
Fortified Breakfast Pastries

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Low Fat White, Fat Free Chocolate,

Proud to manage your
food service program



Meal Prices:
FREE to all students

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE