

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Our district is fully in compliance with all of the federal requirements that regulate school meals and competitive foods. We offer the National School and Lunch programs daily along with alternative breakfast opportunities. Alternative drink vending machines were removed and replaced with water only options. Michigan Model for Health Curriculum training has increased across the district and the middle school now has a specific health education class. The community and district wellness committees are strong and active.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Annual PD and in-service opportunities will be utilized with a focus on health standards. The newly developed guidelines will be posted and sent to all employees to strengthen our wellness policy. Websites will be updated for easy access to information for parents.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

We identified through our assessment that there are one specific area that is not mentioned in the wellness policy. To remedy this, an update to the wellness policy will be presented to the local Board of Education to request the verbiage be added. This will be done in joined efforts by Coordinated School Health and the Nutrition department. Other topics to be included in the guidelines are: nutrition education information, specific seat time at lunch, water availability, PE exemptions, marketing of food, triennial assessment information.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Overall, our school wellness policy (TSBA Recommended) compared favorably to model policies and other local districts. Other areas of implementation that should be addressed and included are having a school wellness team at each of our 5 schools. This will be incorporated into Coordinated School Health's plan for the upcoming 2022-2023 school year.