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# **ANNOUNCEMENTS**

Alright all you powder hounds and snow girls the moment is here. We are securing spots for our first ski trip of the season for Friday January 17th at 3:30 to Caberfae. If you are interested in securing your spot for \$45 you will be taken on an epic adventure to the backcountry slopes of Caberfae. So, dust off that winter gear and let's get ready for an epic time. Payment must be made to Mr. Little by Wednesday morning to lock in an adventure on fresh powder and create unforgettable memories.

Attention BPA State Qualifiers! There will be a meeting in Dr. Cronk's room this Wednesday, January 15th. We will talk about fundraising for states, and what to expect. See you all there!

Hello Club Med Members! We will have a meeting on Thursday, January 16th, in Mrs. McDonald's room. We will play medical games and discuss future events for the club. There will be snacks! See you there!

# **POSITIVE THINKING**

### **Setbacks Don't Define You**

Everyone experiences setbacks. Part of reaching for your dreams is about taking chances. Some of those chances will push you toward our end goal, but some will set you back. What matters is not that you experience setbacks but that you take a moment to evaluate and learn from them. Setbacks are like little bumps in the road, but if you slow down and get to know where they come from, you can learn to navigate around them.

The next time you encounter a setback, close your eyes, and think about what you can learn and take away from the experience. Ask yourself:

What was I trying to achieve?

What got in the way?

What can I do differently when I try again?

Your setbacks don't define you. How you rise to meet challenges and overcome obstacles shows the world what you're made of.

#### **SPORTS ACTION**

JV boys bowling (blue team) beat Bay City Western 18 -12. Bay City Western WAS undefeated for last 3 years. JV gold beat Frankenmuth 17-13.

Varsity boys bowling beat Mt. Pleasant 16-14. Chemics are now 2-3. Next match is Saturday 1/18 vs Bay City Central at Gerlach Lanes in Lapeer.

In girls bowling action, Saturday afternoon the Lady Chemics travelled to Monitor lanes to face off against the Oilers of Mt pleasant. Midland won both baker games 152-83 and 114-92 taking a 10-0 lead into the Peterson games. They won both Peterson games 615-537 and 602-545 securing their 3rd win in a row.

In girls varsity basketball action, Midland High improved to 7-1 with a 74-48 win against Flint Carman-Ainsworth. Scoring 74 points is a total team effort - great job ladies. Leading the Chemics was Ellee Arnold with 17 points and nine rebounds, Kaiya Mahabir had 14 points and five assists. Jensyn Ardouin had a complete game all around with 12 points, seven rebounds, four assists, and four steals. Emma Mclaughlin finished with 11 points and 8 rebounds. We will host Traverse City West tomorrow at home - come out and support the team!

In boys varsity basketball, the Chemics fell short against the Cavaliers 56-90. The Midland Chemics put forth a strong effort Friday night against the visiting Carmen-Ainsworth Cavaliers, but the Cavaliers' speed and athleticism ultimately proved too much to overcome, as the Chemics fell 90-56. Leading the charge for the Chemics was Liam Heinz, who netted 17 points, while Bennett Smith contributed 13. Noah Wall added 8 points to the total, and Brady Vannest chipped in with 5. Also contributing were Jalen Houze, Taber Edwards-Benner, Gibbs Blalock, Callum Palmiter, and Erick Baczewski, all adding points in the contest. Despite the tough loss, the Chemics showed resilience and will look to bounce back as they hit the road for their next two games. On Tuesday, the team will face off against TCW before traveling across town on Friday for an exciting rivalry matchup against Dow. The Chemics will look to build on the positives from Friday night's game as they prepare for a crucial stretch of competition in the coming week.

Boys JV basketball fell to Carman Ainsworth 41-51. Chemics fought hard but fell short. Leading scorer was Issac with 12. Caleb also continued with 10 points.

Chemic Hockey travelled to Muskegon to the Stan Konrad Showcase and skated away with 2 wins. Friday night the Chemic beat host Mona Shores 4 to 1. Andrew Partipillo had 31 saves ibn the win. Scoring for Midland was Cade Sanborn, Rusty Boyle, Henry Stone, and Ben Wessel. Saturday Jack Waskevich made 30 saves in a 4-2 win over Grand Haven. Ben Wessel scored 2 more goals and Lucas Mankoff and Evan Wenzell scored. The Chemic travel 20 minutes to Bay City tonight for a 700PM game against the Wolves. We hope to see the Chemic faithful make the trip!

# IN SPORTS ACTIVITIES

Competitive Cheer SVL Competition 6pm Midland High Main Gym Hockey @ Bay City Central 7pm

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