



SNACK – 3:55PM -4:10 PM

Week1	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Vanilla Gold Fish Grahams	Birthday Grahams	Cheeze Its	Sun Chips

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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Week 2	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Vanilla Gold Fish Grahams	Birthday Grahams	Cheeze Its	Sun Chips

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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Week 3	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Blueberry Muffins	Birthday Grahams	Cheez Its	Goldfish

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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Week 4	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Emoji Graham Crackers	Blueberry Muffins	Cheez Its	Poptarts (1pck)

Milk is offered with every meal

- Fat - Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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Week 5	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Birthday Grahams	Animal Crackers	Cheez Its	Sun Chips

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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Week 6	Monday	Tuesday	Wednesday	Thursday
Fruits/ Vegetables 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Grains	Graham Bug Bites	Animal Crackers	Cheez Its	Goldfish Graham

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need