

March, 2023 Breakfast, Lunch & Supper

1st

BISCUIT & GRAVY

**CHICKEN NUGGETS
MACARONI & CHEESE
BROCCOLI
CORN ON THE COB
FRUIT COCKTAIL**

**SHRIMP POPPERS
FRIED RICE
STIR FRY VEGETABLES
PINEAPPLE**

2ND

PANCAKES W/ SYRUP

**SHREDDED PORK BBQ SANDWICH
MIXED GREEN SALAD
SCALLOPED POTATOES
MIXED FRUIT SALAD**

**FRENCH TOAST STICKS
SCRAMBLED EGGS
SAUSAGE
HASHBROWN TRIANGLES
STRAWBERRIES**

3RD

OATMEALS/MUFFINS

**CHICKEN PATTY PARMESAN W/ SPAGHETTI
ITALIAN VEGETABLES
SLICED CUCUMBERS/CARROTS
ORANGE SLICES**

6TH

BAGELS W/ CREAM CHEESE

**MANDARIN ORANGE CHICKEN
VEGETABLE FRIED RICE
ORIENTAL VEGETABLES
PINEAPPLE**

**SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLE BLEND
PEACHES**

7TH

EGG, POTATO BREAKFAST BOAT

**BREADED BEEF FINGERS
MASHED POTATOES W/ GRAVY
GREEN BEANS
PEACHES**

8TH

BREAKFAST WRAP

**CHICKEN QUESADILLA
REFRIED BEANS
CORN
APPLESAUCE**

**MEATLOAF
BREAD & BUTTER
MACARONI & CHEESE
PEAS
APPLE SLICES**

9TH

PANCAKE ON A STICK

**CHILI CHEESE FRITOS
VEGGIE STICKS
PEARS
CINNAMON ROLL**

10TH – 20TH

NO SCHOOL

21ST

FRUIT STRUDEL

**TURKEY CORNDOG
SWEET POTATO TOTS
CORN
PINEAPPLE**

**EGG ROLL
FRIED RICE
BROCCOLI
STRAWBERRIES**

22ND

WAFFLES W/ SYRUP

**HOT HAM & CHEESE SANDWICH
BAKED BEANS
VEGETABLE BLEND
APPLE SLICES**

**SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLES
CHOCOLATE PUDDING W/ VANILLA WAFERS**

23RD

SCRAMBLED EGGS & TOAST

**BEEF TACO
LETTUCE, TOMATO, SALSA
REFRIED BEANS
MEXICALI CORN
PEARS**

**OVEN-FRIED CHICKEN
BREAD & BUTTER
MASHED POTATOES W/ GRAVY
MIXED FRUIT SALAD**

24TH

BREAKFAST PIZZA

**FISH NUGGETS
MACARONI & CHEESE
PEAS MIXED FRUIT**

27TH

BREAKFAST BURRITO

**CHEESE PIZZA
STEAMED BROCCOLI
GLAZED CARROTS
PINEAPPLE**

**PHILLY CHEESESTEAK SANDWICH
PEPPERS & ONIONS
VEGETABLE BLEND
PEARS**

28TH

FRENCH TOAST STICK W/ SYRUP

**SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLES
SIDE SALAD
FROZEN FRUIT CUP**

**LOADED BAKED POTATO
W/ SLICED HAM, BACON BITS, CHEESE,
SOUR CREAM, BROCCOLI, BLACK BEANS, SALSA**

29TH

OATMEAL/DONUTS

**CHICKEN FRIED CHICKEN
ROLL
MASHED POTATOES W/ GRAVY
PEAS & CARROTS
ORANGE SLICES**

**TATER TOT CASSEROLE
MIXED VEGETABLES
TROPICAL FRUIT SALAD**

30TH

PANCAKE ON A SITCK

**CHEESEBURGER
FRENCH FRIES
VEGETABLE BLEND
GRAPES**

**CHICKEN POT PIE
BISCUIT
GREEN BEANS
MANDARIN ORANGES**

31ST

BREAKFAST SANDWICH

**CRISPY CHICKEN SANDWICH
PASTA SALAD
PEAS & CARROTS
FRUIT COCKTAIL**