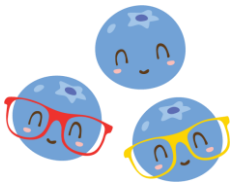
Ventnor BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Cinni Rolls Assorted Cereals or Cereal Bar w/ Graham Cracker	**3** Breakfast Pizza Assorted Cereals or Cereal Bar w/ Graham Cracker	**4** Egg & Cheese Sandwich Assorted Cereals or Cereal Bar w/ Graham Cracker	**5** French Toast Sticks with Syrup Assorted Cereals or Cereal Bar w/ Graham Cracker	**6** Mini Waffles Assorted Cereals or Cereal Bar w/ Graham Cracker
9 Mini Maple Pancakes Assorted Cereals or Cereal Bar w/ Graham Cracker	**10** Breakfast Pizza Assorted Cereals or Cereal Bar w/ Graham Cracker	**11** Egg, Sausage & Cheese Sandwich Assorted Cereals or Cereal Bar w/ Graham Cracker	**12** Chocolate Chip French Toast Assorted Cereals or Cereal Bar w/ Graham Cracker	**13** Apple Strudel Assorted Cereals or Cereal Bar w/ Graham Cracker
16 Mini Cinni Rolls Assorted Cereals or Cereal Bar w/ Graham Cracker	**17** Breakfast Pizza Assorted Cereals or Cereal Bar w/ Graham Cracker	**18** Bacon, Egg & Cheese Sandwich Assorted Cereals or Cereal Bar w/ Graham Cracker	**19** French Toast Sticks with Syrup Assorted Cereals or Cereal Bar w/ Graham Cracker	**20** Dunkin Sticks Assorted Cereals or Cereal Bar w/ Graham Cracker
23 Mini Blueberry Donut Holes Assorted Cereals or Cereal Bar w/ Graham Cracker	**24** Breakfast Pizza Assorted Cereals or Cereal Bar w/ Graham Cracker	**25** Egg & Cheese Croissant Assorted Cereals or Cereal Bar w/ Graham Cracker	**26** Happy Thanksgiving	**27** School Closed
30 Glazed Dunkin Sticks Assorted Cereals or Cereal Bar w/ Graham Cracker				

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$2.25
Adult	$2.55

Available Daily
Trix, Cinnamon Toast Crunch, Coco Puffs, Lucky Charms, Cheerios

Fruit Selection
Choice of Fresh Whole or Cupped Fruit
100 % Apple Juice or Fruit Punch
Students may choose two ½ cup servings

Milk Selection
1% White, Fat-Free Chocolate, Fat Free Strawberry

Your Dining Services Team
Dawn Janelli
Food Service Director
(609) 487-7900 ext. 5070
Dawn. Janellii@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

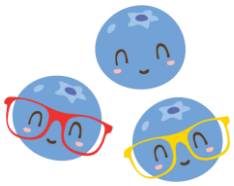
Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Pre K

BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Blueberry Lemon Crispy 100% Apple Juice 1% White Milk	**3** WG Chex Cereal W/ Graham Cracker 1/2 Orange 1% White Milk	**4** Apple Cinnamon Muffin 100% Apple Juice 1% white Milk	**5** School Closed	**6** School Closed
9 WG Blueberry Lemon Crispy 100% Apple Juice 1% White Milk	**10** WG Chex Cereal W/ Graham Cracker 1/2 Orange 1% White Milk	**11** Apple Cinnamon Muffin 100% Apple Juice 1% white Milk	**12** WG Cheerios w/ Graham Cracker 1 Banana 1% white Milk	**13** WG Kix Cereal 100% Apple Juice 1% white Milk
16 WG Blueberry Lemon Crispy 100% Apple Juice 1% White Milk	**17** WG Chex Cereal W/ Graham Cracker 1/2 Orange 1% White Milk	**18** Apple Cinnamon Muffin 100% Apple Juice 1% white Milk	**19** WG Cheerios w/ Graham Cracker 1 Banana 1% white Milk	**20** WG Kix Cereal 100% Apple Juice 1% white Milk
23 WG Blueberry Lemon Crispy 100% Apple Juice 1% White Milk	**24** WG Chex Cereal W/ Graham Cracker 1/2 Orange 1% White Milk	**25** Apple Cinnamon Muffin 100% Apple Juice 1% white Milk	**26** Happy Thanksgiving	**27** School Closed
30 WG Blueberry Lemon Crispy 100% Apple Juice 1% White Milk				

Breakfast Prices

Student	$2.25
Adult	$2.55

Pre-K breakfast is served in the classroom. Breakfast meals will be complete with an entrée consisting of Whole Grains and/or Meat/Meat Alternate, Fruit, 100% Fruit Juice and a 1% White Milk.

A Full Meal will be served to each student who wants a breakfast.

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