

Moencopi Day School

- 2024 -

JUNE LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Public Summer

Serve Hours

Breakfast 8:00am-8:30am MST
Lunch 11:00am-11:30am MST

Meal Prices

- **Children 0-18yo FREE**
- **Adult Lunch \$4.25**
- **Sides \$1.50**
- **Milk \$.50**

This institution is an equal opportunity provider.

Menu subject to change

Nutrition Tip: Cook a variety of colorful veggies. Make extra vegetables and save for later. Use them for a stew, soup, or pasta dish.

Reference: USDA MyPlate



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3 Philly Chicken Sub
Western Beans
Italian Baby Potatoes
Mango Chunks
Assorted Milk

4 Red Pozole
WG Flour Tortilla
Red Grape Tomato
Romaine Salad
Lite Ranch Dressing
Fresh Fruit
Assorted Milk

5 Volcanic Meatloaf
WG Bread w/ Butter
Mashed Potatoes
Poultry Gravy
Mixed Vegetables
Blush Applesauce
Assorted Milk

6 Chicken Teriyaki
Seasoned Brown Rice
Sweet & Sour Broccoli Salad
Parsley Carrots
Fresh Fruit
Assorted Milk

7
Campus Closed

10 Beef Taco Pie
Mild Salsa
Black Beans
Fresh Fruit
Assorted Milk

11 Buffalo Chicken Wrap
Steamed Corn
Melon Bowl
Assorted Milk

12 Chicken Tomato Bake
Steamed Broccoli
Diced Pears
Assorted Milk

13 Harvest Stew
WG Fry Bread
Potato Wedges
Celery Sticks
Sliced Peaches
Assorted Milk

14
Campus Closed

17 Chicken Bowl
Fresh Fruit
Assorted Milk

18 Lamb Stew
WG Fry Bread
Romaine Salad
Lite Ranch Dressing
Cherry Pears
Assorted Milk

19

Campus Closed

20 Grilled Chicken Sandwich
Lettuce & Tomato
Ketchup/ Mustard/ Mayo
Cole Slaw
Sweet Potato Fries
Fresh Fruit
Assorted Milk

21
Campus Closed

24 Turkey Cheese Sub
Ketchup / Mustard /
Mayonnaise
Steamed Corn
Diced Pears
Assorted Milk

25 BBQ Chicken Breast
Mashed Potatoes
Steamed Broccoli
Melon Bowl
Assorted Milk

26 Bean & Cheese Burrito
Mild Salsa
Black Beans
Fresh Fruit
Assorted Milk

27 Mandarin Orange Chicken
Seasoned Brown Rice
Asian Vegetables
Baby Carrots
Pineapple Tidbits
Assorted Milk

28
Campus Closed