

Department of Education Grainger County

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James Atkins, Superintendent

Grainger County Schools Updated COVID Guidelines January 2022

Positive Covid-19 Case

Must isolate a minimum of 5 days after:

- Onset of symptoms
 - Collection of test specimen (if without symptoms)
- Day 0: Onset of symptoms or collection of test specimen (if without symptoms)
 - Day 6: May return to normal activities **IF** fever-free for 24 hours without medication **AND** symptoms are improving.
 - Should wear a mask anytime around others through completion of day 10
 - Positive case may require a longer isolation time period if fever continues &/or symptoms do not improve (a lingering cough or loss of taste &/or smell should not prevent a positive case from being released from isolation)
 - Day 11: May stop wearing a mask when around others

Note: A case may consider using an antigen test towards the end of the 5-day isolation period to make decisions about extending at-home isolation. If the test result is positive, the individual should continue to isolate until day 10. If the test result is negative (or testing is not performed), they can end isolation, but should continue to wear a well-fitting mask around others at home and in public until day 10.

***If a student receives a positive Covid 19 result with a home test the parent must take a picture and send to the school nurse or central office staff for documentation and return to school date. If there is no documentation of a positive test the school investigation team with TN Department of Health will have to give a return to school date.

Household Contact of Positive Covid-19 Case

A household contact is an individual who shares any living spaces with a case, including bedrooms, bathrooms, living rooms, kitchens, etc. A household contact of a positive Covid-19 case may decrease quarantine time if able to adequately & safely quarantine away from the positive case. To separate & quarantine away, the positive case should:

- 1) never be in the same room as household members
- 2) not share plates, cups, dishes, or phones with household members
- 3) have their own bathroom (or conduct daily bathroom cleaning).

If household contacts begin experiencing symptoms, then they SHOULD isolate and receive Covid-19 test. Copies of positive Covid-19 test results are needed for distance learning documentation.

Vaccination status also affects quarantine requirements. To meet CDC guidelines of recently vaccinated or boosted, an individual MUST have:

- Are ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.
- Are ages 5-17 years and completed the primary series of COVID-19 vaccines.
- Had confirmed COVID-19 within the last 90 days (you tested positive using a viral test) and remain without COVID-19 symptoms.

Who **DOES NOT** need to quarantine at home?

IF the household contact meets the following criteria:

- Can **NOT** separate from positive case
- Has met requirements for recent Covid-19 vaccine series or booster dose
- Remained without symptoms
- Or has tested positive for COVID in the last 90 days

THEN, the household contact does **NOT** require quarantine:

- Day 0: Positive Covid-19 case begins symptoms or collection of test specimen (if without symptoms). Household contacts should:
 - Wear a mask when around others when indoors through completion of day 15
 - Self-monitor for symptoms
- Day 5: Receive Covid-19 test
- Day 10: Receive Covid-19 test
- Day 16: May stop wearing a mask when around others

IF the household contact meets the following criteria:

- **CAN** adequately & safely separate from positive case
- Has met requirements for recent Covid-19 vaccine series or booster dose

THEN, the household contact does **NOT** require quarantine:

- Day 0: Last exposure to positive Covid-19 case
 - Should wear a mask when around others, indoors
 - Self-monitor for symptoms
- Day 5: Receive Covid-19 test, even without symptoms
 - Recommended to continue wearing mask through completion of day 10
- Day 11: May stop wearing mask when around others

Who **NEEDS** to quarantine at home?

Household contact that has **NOT** completed Covid-19 vaccination series OR received Covid-19 booster dose:

- Is unvaccinated -OR-
- Has **NOT** completed vaccine series -OR-
- Has **NOT** received Covid-19 booster dose

IF the household contact meets the following criteria:

- Can **NOT** separate from positive case
- Has **NOT** met requirements for recent Covid-19 vaccine or booster dose
- Remained without symptoms

THEN, household contact **DOES** require quarantine:

- Day 0: Positive Covid-19 case begins symptoms or collection of test specimen (if without symptoms). Household contacts should:
 - Quarantine away from others outside of their immediate household
 - Self-monitor for symptoms
- Day 5: Continue quarantine and receive COVID 19 test
- Day 10: Receive Covid-19 test
- Day 11: May return to normal activities **IF NO** Covid-19 symptoms are present
 - **Highly Recommend** wearing a mask when around others
 - Self-monitor for any Covid-19 symptoms
 - If Covid-19 symptoms develop, contacts **MUST** isolate & receive Covid-19 test
- Day 16: May stop wearing a mask around others

IF the household contact meets the following criteria:

- **CAN** adequately & safely separate from positive case within the household
- Has **NOT** met requirements for recent Covid-19 vaccine series or booster dose
- Has remained without symptoms

THEN, the household contact **DOES** require quarantine:

- Day 0: Last exposure to positive case Household contacts should:
 - Quarantine away from positive case and others outside of their immediate household
 - Self-monitor for symptoms
- Day 5: Receive COVID 19 Test
- Day 6: May return to normal activities if without symptoms
 - Must self-monitor for symptoms
 - Should wear a mask when around others
- Day 11: May stop wearing a mask around others