

HUNTINGTON MIDDLE SCHOOL

206 Wellborn Road Warner Robins, Georgia 31088-4498
(478) 542-2240 Fax (478) 542-2247

Dear Parent or Guardian:

Your child will be involved in **Physical Education** (Fitness & Health) 18 weeks as one of their connection classes. The physical education staff would like to take this opportunity to inform you of the policies and procedures that will be used in the Physical Education classes during the **2023-2024** school year. They are as follows:

1. It is highly recommended that all students dress appropriately for P.E. class each day. Comfortable, breathable clothing is the expected dress (all items per the dress code). Denim is discouraged on P.E. Days. Girls may not roll their shorts up and boys may not sag their pants. Athletic shoes and socks are **REQUIRED (NO BOOTS, HEELS, CROCS or SLIDES)**. **Failure to wear proper footwear will result in -20 points per day.**
2. Students are expected to participate every day. **Students may be excused from participation due to illness or injury with a note** from physician, parent or guardian (sore muscles may result from exercise but should not prohibit participation). If a student needs to be excused from participation for an extended period of time (more than three days) a doctor's note will be required. **Please notify us of any existing medical problems that we need to be aware of.**
3. Comprehensive Physical Education Content Including *Sex Education will be covered in this class as listed below.
 - a. Fitnessgram – State Required Fitness Assessment
 - b. Human Trafficking
 - c. Tobacco and Vaping
 - d. *Choosing the Best
 - e. Transportation Safety (Bus Evacuation)
 - f. Physical Education Games, Activities and Skill Development
4. Each students P.E. grades are calculated on the following basis:

	6 th Grade	7 th Grade	8 th Grade	Examples
Major	40%	40%	40%	Participation in Activities Proper Dress for PE Mid-Term Exams
Minor	30%	30%	30%	Fitness Quiz Human Trafficking Quiz Tobacco and Vaping Quiz Nutrition Quiz Health Quiz
Daily	25%	20%	15%	Fitness Warm-Ups Choosing the Best (Online) Assignments
Finals	5%	10%	15%	Finals

We hope to make Physical Education an enjoyable learning experience, and with your child's help and cooperation this is possible. Thank you for your help in preparing your child for our class. If you have any questions, please contact your child's teacher via email at any time or either before or after school.

Yours in health and fitness,
Huntington Middle School
Physical Education Department

SIGNATURE SHEET IS LOCATED ON THE BACK OF THIS DOCUMENT

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Student Name: _____ Grade: _____

Please **check** you Physical Education teachers' name:

- ➔ Lisa Carson – lisa.carson@hcbe.net
- ➔ Otis Covington – otis.covingtonjr@hcbe.net
- ➔ Cody Miller– cody.miller@hcbe.net

Does your student have any known medical issues?

- ➔ Yes
- ➔ No

If yes, please provide details below:

Student's Signature _____ Date ____/____/____

Parent's Signature _____ Date ____/____/____

***A COPY OF THE PHYSICAL EDUCATION SYLLABUS IS ALWAYS AVAILABLE ONLINE
VIA THE HMS WEBSITE ON THE TEACHER PAGES FOR:***

- LISA CARSON
- OTIS COVINGTON
- CODY MILLER