# The Monthly Tech November 2022



## Teaching Today's Youth; Training Tomorrow's Workforce

"Reflect upon your present blessings—of which every man has many—not on your past misfortunes, of which all men have some."—Charles Dickens



## **Gratitude/Thankfulness**



Click on this link to watch a video about Gratitude. An Experiment in Gratitude | The Science of Happiness

Did you know that the color **pink** represents gratitude?

The most popular color associated with gratitude is **pink**. Pink is universally recognized as the color of love for yourself and love for others. It is believed to regulate moods while simultaneously decreasing aggression. It is the perfect color to represent gratitude as it promotes happy energy and positivity.

What are you thankful for?

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."—Oprah Winfrey

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."—John F. Kennedy

"I awoke this morning with devout thanksgiving for my friends, the old and the new."—Ralph Waldo Emerson

"For me, every hour is grace. And I feel gratitude in my heart each time I can meet someone and look at his or her smile."—Elie Wiesel

How to PRACTICE grat BY SALLY CHUNG Start a GRATITUDE Make a FAMILY (OR) journal PERSONAL Gratityde Jot 3 things ou'se thankful · deconate any before, sized jar oplace jar in a noticeable/common area w/papers , pen read notes on hard days "thank you" move! thank you or trying, ray oft can STRENGTHEN relationships for SMILL · it can make someone's DAY! · proven to strengthen . it reminds people they are immune system + -> IMPORTANTE · makes you more (7A, hank u thank y forlistening for being confident! Spend TIME there · doesn't cost \$\$\$ with OVED ones volunteer omake intentional time be thankful for the Joprovides a bigger & f opportunities you have apperspective on life 11 to grow closer o studies show > boost welloremind them you care being, greater functionality helping others can help you! about them · make impact in local community Cartastherapy

## Important Dates

Veterans Day - November 11th - No School eLearning Days @ home - November 21st-22nd - No School Thanksgiving - November 23rd-25th - No School



The LCTC Career Coaches would like to invite you to the Countdown to College Workshop. Who: 8th-12th graders and parents What: Countdown to College Where: Jefferson State Community College (Clanton Campus) When: December 6, 2022, from 6:00-7:30 PM Why: Valuable Information

- Door Prizes
- Drawing for a \$500 scholarship
- Five college representatives will be available to answer questions and share helpful information about the college application process, free application for federal student aid (FAFSA), scholarships, improving ACT scores, benefits of junior colleges (jucos) and dual enrollment, and so much more.

Go gather valuable information about pursuing your dream career and submit your name to win that \$500 scholarship!!

## Looking Ahead

More information to come :)

January/February - LCTC Program of Interest Interviews February - LCTC tours for 10th grade students April - LCTC Open House



<u>Chilton County High School</u> <u>Basketball</u> 11/1: Tiger Night; Home 11/8: Oak Mountain; Home 11/10: Marbury; Away 11/14: Billingsley; Away 11/17: Thompson; Home 11/18: Marbury; Home 11/28: Opelika; Home 111/29: Thompson; Away

Jemison High School Basketball 11/9: Oak Grove; Away 11/15: Indian Springs; Away 11/18: Verbena; Home <u>Thorsby High School</u> <u>Football</u> 11/3: Holtville; Away 11/4: Reeltown; Away

Basketball 11/10: ACA; Home 11/15: Jemison; Home 11/18: Elmore County; Home 11/22: Trinity Presbyterian; Home 11/30: Isabella; Home

<u>Isabella High School</u> <u>Football</u> 11/4: Highland Home; Away

> Basketball 11/30: Thorsby; Away

Maplesville High School Basketball NONE

<u>Verbena High School</u> <u>Football</u> 11/4: Sweet Water; Away

Basketball 11/15: Fayetteville; Away 11/29: Billingsley; Away



\*Check your school email each month for a Google Form to submit your choice for the Monthly Model Student - Give a shout out to your friend who is a Monthly Model Student. If you are not sure who to vote for, then ask your instructor who they feel meets the criteria.

CONGRATULATIONS to the following students who were <u>chosen by their</u> <u>classmates</u> as the Monthly Model Student. To be chosen, these students had to meet the following criteria.

The student:

- shows kindness and respect towards teachers, staff and students.
- shows their best effort in everything they do.
- is helpful to teachers, staff and students."
- show's employability skills and maintains good grades.
- is honest in all things, whether or not he/she is being watched.
- has a good attendance record.

★ Auto Service Technology (Mr. Brown)

**PM-** Simone Morales

★ Auto Body and Repair (Mr. Duren)

PM- Brad Small

★ Building and Construction (Mr. Pittman)

PM- Alexis Rivera

★ Cosmetology (Mrs. Price)

AM - Shelby Davis PM- Starr Woods

★ Education and Training (Miss Powell)

PM- Grace Williams

★ Electrical and Industrial Maintenance (Mr. Mayfield) AM - Jackson Ivy ★ Health Science (Mrs. Cleckler) AM - Makenizie Williams PM- Summer Lenoir  $\star$  Health Science (Mrs. Smith) AM - Sydney Carmona Cruz PM- Owen Littleton ★ HVACR (Mr. Chastain) PM- Jayden Headly + Pharmacy Technician (Mrs. Newton) AM - Alena Connell PM- Alexis Smitherman ★ STEM (Mr. Sosa) AM - Emma Penley PM- Angel Thomas ★ Welding (Mr. Gilliland) PM- Elijah Stone

## <u>PROGRAM INTERVIEWS AND HIGHLIGHTS</u>

For November's edition, we interviewed a few more of our Lecroy Career Technical Center instructors and staff to learn about their journey in their career. For this month, we interviewed:

#### Miss Powell - Education and Training

- 1. What made you decide to become an Education and Training teacher? Miss Powell decided to become an Education and Training teacher to share her teaching and classroom experiences with others.
- 2. Do you have any major projects in store for your class this year? The major project for the Education and Training students are observations. This project includes the students going to various grade level classrooms and observing the teacher, students and classroom learning environment.
- 3. What is your favorite part of being an Education and Training teacher? Miss Powell's favorite part of being an Education and Training teacher is sharing her knowledge with the students and sparking their interest in education as well as seeing their interest grow during their observations.
- 4. How long have you been teaching Education and Training classes? This is Miss Powell's first year teaching Education and Training but she has been in the education field for 27 years.
- 5. What is your goal for the students in your class? Miss Powell's goal is to find out what her students are most comfortable with such as teaching or any other field. No matter what the students choose, she always wants to encourage them.



#### Mr. Mayfield - Electrical and Industrial Maintenance

- What made you decide to become an Electrical and Industrial Maintenance teacher?
  Mr. Mayfield says: "My father used to teach out here and when Mr. Norman asked me about coming, first of all I turned it down. And then after I got to thinking about it when I had my business, my electrical and supply business, I used to have a lot of customers that would come in there and say "your daddy taught me" and that really just changed my mind".
- 2. Do you have any major projects in store for your class for this year? He continues: "I really like doing hands-on work and we are going to be working with the lineman class and we're going to be doing the services from where they stop and we will pick up and we will do a bunch of power services."
- 3. What is your favorite part of electrical and industrial maintenance? He quotes: "I just like working in electrical."
- 4. How long have you been working in the electrical and industrial maintenance field? 4 years
- 5. What is your goal for the students in your class? Mayfield proudly says: " To teach them how to get a job, how to keep a job, and learn a career."



#### Mrs. Fortner - Career Coach

- 1. How long have you been a Career Coach at LeCroy Career Technical Center? Mrs. Fortner has been a career coach for 4 years.
- 2. What other jobs have you had in the education field? Mrs. Fortner spent 14 years as a teacher at Thorsby as a P.E. coach (elementary and highschool) and also taught health, computer science, keyboarding and career prep.
- 3. What is your favorite part about being a career coach? Mrs. Fortner enjoys helping students figure out what their future plans are.
- 4. What is your least favorite part about being a career coach? Mrs. Fortner misses not getting to have a personal connection with students like she did when she was a regular teacher.
- 5. What is your goal for the future of LeCroy Career Technical Center? Mrs. Fortner's goal for LCTC is to make sure all students here reach their goals after graduation whether going to college or straight to the workforce.



#### Mrs. Hughes - Career Coach

- 1. How long have you been a Career Coach at LeCroy Career Technical Center? Mrs. Hughes has been a career coach for 2 years.
- 2. What other jobs have you had in the education field? Mrs. Hughes has worked in higher education at Huntingdon College and Troy University.
- 3. What is your favorite part about being a career coach? Mrs. Hughes' favorite part of being a career coach is she loves being able to talk and make relationships with students of all ages. She enjoys talking to them about career opportunities and helping them achieve their goals.
- 4. What is your least favorite part about being a career coach? Mrs. Hughes' least favorite part of being a career coach is not having a set list of guidelines or goals that has to be met. This sometimes makes it hard to tell if I'm being successful with the students.
- 5. What is your goal for the future of LeCroy Career Technical Center? Mrs. Hughes' goal for the future is to have each graduating senior have a plan after high school and to walk into it right after high school.





## Career Coaches Mrs. Fortner and Mrs. Hughes

Need help planning your future? Schedule a time to meet with these ladies.







**COSIMETOLOGY FIELD TRIP TO PAUL INITCHELL** 



COSMETCLOGY FIELD TRIP TO THE "HAIR SHOW" AT THE BIRMINGHAM JEFFERSON CIVIC CENTER



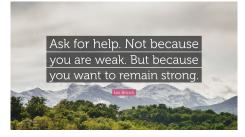
In cosmetology, students gain initial practical experience in sanitation, shampooing, hair shaping, hairstyling & chemical texturing. Emphasis is placed on color application, color levels & classifications of color. Hands-on experiences in facial massage techniques, skin care, & hair removal. Students develop management skills for the cosmetology industry.

### **NOVEMBER** is a month to bring awareness to:

National Technical Honor Society (NTHS) Drive for diapers/baby wipes (throughout the month)







The Hospitality Hallway is always OPEN. The Hospitality Hallway includes personal care items as well as school related items that you may need. The Hospitality Hallway is located in the hallway near Mrs. Maddox's office. If you have any questions or any needs, please contact Mrs. Maddox (jmmaddox@chiltonboe.com) and she will provide you with the needed information and items.

## **THE MONTHLY TECH IS BROUGHT TO YOU FROM** THE EDUCATION AND TRAINING DEPARTMENT

# JASON FOWLERADRIANNA RIVERAABBY SHORTGISELLE VAZQUEZJERICA WELLSGRACE WILLIAMS



### PUMPKIN PATCH FUN WITH PRE-K

# SEE YOU NEXT MONTH!

SHARE YOUR IDEAS AND QUESTIONS WITH US

**LCTCNEWS@CHILTONBOE.COM** 



Miss Powell's silly Halloween face - by Giselle Vazquez