

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**Take Out Tuesday 1**

Sweet & Sour Chicken  
Veggie Fried Rice  
Mixed Vegetables  
Red Peppers Strips

**Brunch for Lunch 2**

French Toast Sticks  
Sausage Links  
Hash Browns  
Honey Carrots  
NYS Grape Juice

**Dipper Day 3**

Cheese filled Breadsticks  
Marinara Sauce  
Roasted Cauliflower  
Cherry Tomatoes

**Pizza Day 4**

Cheese, Pepperoni,  
Assorted Pizza  
Roasted Broccoli  
Side Salad  
Chocolate Chip Cookie

**Chicken Patty 7**

Chicken Patty  
on WG Bun  
Tater Tot  
Peas  
Baby Carrots

**Taco Tuesday 8**

Seasoned Ground Beef  
on a WG Tortilla  
Lettuce, Tomato, Shredded Cheese  
Black Beans & Corn  
Red Pepper Strips

**Raviolis 9**

Ravioli w/Meat Sauce  
Garlic Bread  
Roasted Green Beans  
Cherry Tomatoes

**Chicken Club 10**

Grilled Chicken on Texas Toast  
Bacon, Lettuce, & Cheese  
Oven Baked Fries  
Broccoli Salad

**11**

½ Day  
To Go Lunch  
Available

**NO  
SCHOOL 14**

**Nugs 15**

Chicken Nuggets  
Sweet Potato Fries  
Melba Sauce  
Dinner Roll  
Sliced Cucumbers

**Pizza Crunchers 16**

Cheese and Sauce filled  
Pizza Crunchers  
Roasted Broccoli  
WW Garlic Parmesan Rolls  
Cherry Tomatoes

**Chicken Wraps 17**

Chicken, Bacon, and Ranch on a  
WG Tortilla  
Smile Fries  
Peas  
Baby Carrots

**Pizza Day 18**

Cheese, Pepperoni,  
Assorted Pizza  
Mixed Vegetables  
Side Salad

**Chicken Tenders 21**

Chicken Tenders  
w/ Dipping Sauce  
Onion Rings  
WW Dinner Roll  
Sliced Cucumbers

**Cheeseburgers 22**

Cheeseburgers on a WW Bun  
Bacon, Lettuce, Tomatoes  
Tater Tot  
Baked Beans  
Red Pepper Strips

**Mozzarella Sticks 23**

Mozzarella Sticks  
Marinara Sauce  
Garlic Bread  
Peas  
Cherry Tomatoes

**Loaded Nachos 24**

Seasoned Ground Beef  
Tortilla Chips w/ Nacho Cheese  
Salsa, Sour Cream, Tomatoes  
Steamed Corn  
Baby Carrots

**Pizza Day 25**

Cheese, Pepperoni,  
Assorted Pizza  
Roasted Broccoli  
Side Salad

**Popcorn Chicken 28**

Popcorn Chicken  
Smile Fries  
Steamed Corn  
WW Dinner Roll  
Baby Carrots

**Goulash 29**

Pasta with Meat Sauce  
Garlic Bread Stick  
Zesty Green Beans  
Red Pepper Strips

**Corn Dogs 30**

Corn Dog  
Sweet Potato Fries  
Baked Beans  
Roasted Squash  
Cherry Tomatoes

**Quesadilla Day 31**

Cheese or Chicken on a WG Tortilla  
Spanish Rice  
Cheesy Refried Beans  
Sliced Cucumbers  
Holiday Dessert

**Offered Daily:**

**\*Variety of Powerpacks**

**\*Sandwiches**



**Due to Food Supply Issues, menu may change at any time.**

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email [scheffco@hlcs.org](mailto:scheffco@hlcs.org)