

# JANUARY 2023 Taylor-White Elementary

## BREAKFAST

### MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL!!! 2

NO SCHOOL!!! 3

NO SCHOOL!!! 4

WINTER BREAK

Pancake on a Stick 5  
Juice  
Milk

Strawberry Bagel 6  
Juice  
Milk

Cereal 9  
Yogurt  
Juice  
Milk

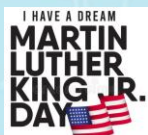
Egg Patty 10  
Sausage  
Toast  
Juice  
Milk

French Toast 11  
Juice  
Milk

Sausage Biscuit 12  
Juice  
Milk

Breakfast Bagel 13  
Juice  
Milk

NO SCHOOL!!! 16



Breakfast Hot Pocket 17  
Juice  
Milk

Cheese Omelet 18  
Waffles  
Juice  
Milk

Egg Croissant 19  
Juice  
Milk

Apple Fritter 20  
Yogurt  
Juice  
Milk

Chicken Biscuit 23  
Juice  
Milk

Apple Frudel 24  
Yogurt  
Juice  
Milk

Muffin 25  
String Cheese  
Juice  
Milk

Sausage Biscuit 26  
Grits  
Juice  
Milk

Pancakes 27  
Sausage  
Yogurt  
Juice  
Milk

Breakfast Sandwich 30  
Juice  
Milk

Ham and Cheese 31  
Croissant  
Juice  
Milk

