

# OCTOBER 2023

## INGRAM ELEMENTARY SCHOOL

\*MENUS ARE SUBJECT TO CHANGE

BREAKFAST IN THE CLASSROOM

Monday	Tuesday	Wednesday	Thursday	Friday
WG CEREAL WG MUFFIN APPLESAUCE CUP FRUIT JUICE BOX MILK	POPTART GRAHAM CRACKERS CRAISINS FRUIT JUICE BOX MILK	POWDERED DONUTS PEACHES FRUIT JUICE BOX MILK	PIG IN A BLANKET ORANGES FRUIT JUICE BOX MILK	BANANA BREAD CHILLED FRUIT FRUIT JUICE BOX MILK
<b>Holiday</b>	CEREAL BAR GRAHAM CRACKERS CRAISINS FRUIT JUICE BOX MILK	APPLE FRUDEL PEACHES FRUIT JUICE BOX MILK	BISCUIT & SAUSAGE ORANGES FRUIT JUICE BOX MILK	BANANA BREAD CHILLED FRUIT FRUIT JUICE BOX MILK
WG MUFFIN APPLESAUCE CUP FRUIT JUICE BOX MILK	POPTART GRAHAM CRACKERS CRAISINS FRUIT JUICE BOX MILK	BREAKFAST PIZZA PEACHES FRUIT JUICE BOX MILK	MINI PANCAKES ORANGES FRUIT JUICE BOX MILK	BANANA BREAD CHILLED FRUIT FRUIT JUICE BOX MILK
WG CEREAL WG MUFFIN APPLESAUCE CUP FRUIT JUICE BOX MILK	CEREAL BAR GRAHAM CRACKERS CRAISINS FRUIT JUICE BOX MILK	HONEY BUN PEACHES FRUIT JUICE BOX MILK	PIG IN A BLANKET ORANGES FRUIT JUICE BOX MILK	BANANA BREAD CHILLED FRUIT FRUIT JUICE BOX MILK
WG MUFFIN APPLESAUCE CUP FRUIT JUICE BOX MILK	POPTART GRAHAM CRACKERS CRAISINS FRUIT JUICE BOX MILK			

AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER