

TURKEY FORD SCHOOL

No School on January 6th and 20th

Turkey Ford School: This institution is an Equal Opportunity Provider.

Lunch Menu

January 2025

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|---|--|--|---|---|
| 1 | No School ⁶ | Chicken Noodle Spinach Fruit Milk ⁷ | Steak Fingers Fries Fruit Milk ⁸ | Hot Dog Blackeye Peas Fruit Milk ⁹ | Cheeseburger Baked Beans Fruit Milk ¹⁰ |
| | Corndog Carrots Fruit Milk ¹³ | Taco Salad Mexican Rice Fruit Milk ¹⁴ | Chicken Alfredo Corn Fruit Milk ¹⁵ | Crispito Refried Beans Fruit Milk ¹⁶ | Grilled Cheese Tomato Soup Fruit Milk ¹⁷ |
| 3 | MLK DAY No School ²⁰ | Pulled Pork Sandwich Broccoli w/ Cheese Fruit Milk ²¹ | Chicken Nuggets Corn Fruit Milk ²² | Corn Dog Pinto Beans Fruit Milk ²³ | Beef Stew Poll Fruit Milk ²⁴ |
| | Hamburger Sweet Potato Fries Fruit Milk ²⁷ | Pizza Spinach Fruit Milk ²⁸ | Chicken Strips Tater Tots Fruit Milk ²⁹ | Chili Corn Bread Fruit Milk ³⁰ | Taco Salad Mexican Rice Fruit Milk ³¹ |

All Fruit is either fresh, frozen, or in light syrup.

Menus subject to change without notice due to product availability

January 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

February 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

March 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

April 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

May 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

June 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

July 2025

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan

- 2015-2020 Dietary Guidelines for Americans
- USDA. MyPlate.gov. <http://www.myplate.gov>.