

December 2021



Primary and Elementary School Breakfast Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pancake Pup Fruit Choice & Fruit Juice	2 Cereal Bar Fruit Choice & Fruit Juice	3 French Toast Sticks Fruit Choice & Fruit Juice
6 WG Blueberry Muffin Fruit Choice & Fruit Juice	7 Breakfast Pizza Yogurt Fruit Choice & Fruit Juice	8 Pancake Pup Fruit Choice & Fruit Juice	9 Blueberry Mini Pancakes Fruit Choice & Fruit Juice	10 Sausage Biscuit Fruit Choice & Fruit Juice
13 Cereal Yogurt Cup Fruit Choice & Fruit Juice	14 Sausage Biscuit Fruit Choice & Fruit Juice	15 Grape Crescent Yogurt Cup Fruit Choice & Fruit Juice	16 Breakfast Pizza Fruit Choice & Fruit Juice	17 Mini Banana Loaf Yogurt Cup Fruit Choice & Fruit Juice
20 French Toast Sticks Fruit Choice & Fruit Juice	Choice of chilled milk & fruit served with all meals.			
<div style="border: 2px dashed black; padding: 5px; background-color: #008000; color: white; text-align: center;"> "Please note items may change due to availability" </div>				

The following applies to all menu items:

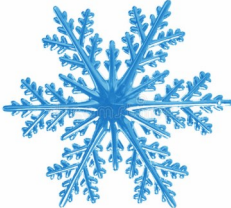
1. **0 Trans fats**
2. **Low Sodium**
3. **Reduced Sugar**
4. **51% Whole Grain Rich**

Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8346 or mgoodin@sumterschools.org.

December 2021

*Winter Break
December 21st,
Returning January 10th*

Primary and Elementary School Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheese Pizza Salad Corn Fruit Choice	2 Chicken Pot Pie Green Beans Teddy Grahams Fruit Choice	3 Meatball Sub w/ Mozzarella Cheese Carrot Sticks w/ LF Ranch Potato Wedges Fruit Choice
6 BBQ Nachos Salsa Salad w/ LF Dressing Fruit Choice	7 Chicken Nuggets Mashed Potatoes w/ Gravy Green Beans Teddy Grahams Fruit Choice	8 WG Mac & Cheese Green Peas Seasoned Carrots WG Dinner Rolls Fruit Choice	9 Hamburger Steak Brown Rice w/ Broccoli & Carrots Fruit Choice	10 Cheeseburger Veg Baked Beans Sweet Potato Fries Sun Chips Fruit Choice
13 Chicken Tenders French Fries Black-eyed Peas Teddy Grahams Fruit Choice	14 Pepperoni Pizza Celery & Carrots w/ LF Ranch Fruit Choice	15 Oven Fried Chicken Sweet Potato Greens Cornbread Fruit Choice	16 Cheeseburger Mac Broccoli Fruit Choice	17 Turkey & Cheese Sandwich Sliced Cucumbers Carrots w/ LF Ranch Sun Chips Fruit Choice
20 Wild Mike Cheese Pizza Carrot Sticks w/ ranch Fruit Choice	21 No School! Happy Holidays!!			24 
SCES ONLY - PB&J AVAILABLE AS 2ND OPTION FOR ENTRÉE DAILY!				

December 2021






Sumter County Intermediate and Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Special Notice to Adults: The following applies to all menu items:</p> <ol style="list-style-type: none"> 0 Trans fats Low Sodium Reduced Sugar 51% Whole Grain Rich <p>Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.</p>		1 Breakfast Pizza OR Cereal	2 Cinnamon Roll OR Cereal Yogurt Cup	3 Sausage Biscuit OR Muffin
6 Mini Banana Loaf OR Waffle Yogurt Cup	7 Sausage Biscuit OR Pop Tart & Smoothie	8 Apple Frudel OR Cereal Yogurt Cup	9 Breakfast Pizza OR Cereal Yogurt Cup	10 Chicken Biscuit OR Muffin
13 Cinnamon Roll OR Cereal Yogurt Cup	14 Chicken Biscuit OR Cereal & Pop Tart	15 Pancake Pup OR Cereal Yogurt Cup	16 Mini Banana Loaf OR Cereal Bar Smoothie	17 Breakfast Pizza OR Cereal & Pop Tart
20 WG Blueberry Muffin OR Cereal Yogurt Cup	21	22	23	24
<div style="border: 2px solid black; background-color: #cccccc; padding: 10px; display: inline-block;"> <h3>Happy Holidays!</h3> </div>				
<div style="border: 2px solid black; background-color: #cccccc; padding: 10px; display: inline-block; width: 80%;"> <p>CHOICE OF CHILLED MILK and VARIETY OF FRUIT AT EACH MEAL</p> </div>				

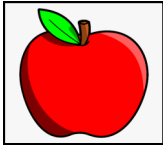


December 2021

Sumter County Intermediate School Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Meatballs w/ Marinara Sauce & Mozzarella</p> <hr/> <p>Cheese Bites w/ Marinara Cup</p> <hr/> <p>WG Dinner Roll Side Salad w/ shredded carrots & dressing Fruit Selection</p>	<p>2 Turkey & Cheese Sandw/ lettuce & tomato</p> <hr/> <p>PB & J Uncrustable w/ Cheese Stick</p> <hr/> <p>Celery & Carrots w/ ranch dip Baked Chips or Sun Chips Fruit Selection</p>	<p>3 Cheeseburger w/ lettuce & tomato</p> <hr/> <p>BBQ Sandwich</p> <hr/> <p>Pickles Baked Beans Tater Tots</p>
<p>6 Chicken Tenders w/ Honey Mustard</p> <hr/> <p>Sloppy Joe Sandwich</p> <hr/> <p>French Fries, Black-Eyed Peas</p>	<p>7 Walking Taco</p> <hr/> <p>Deep Dish Cheese Pizza</p> <hr/> <p>Cucumbers, Carrots w/ LF ranch,</p>	<p>8 Cheese Bites w/ Dipping Sauce</p> <hr/> <p>Hot Dog</p> <hr/> <p>Steamed broccoli</p>	<p>9 Chicken Pot Pie</p> <hr/> <p>Sloppy Joe Sandwich</p> <hr/> <p>Green Beans, Teddy Grams</p>	<p>10 Meatball Sub w/ Mozzarella Cheese</p> <hr/> <p>Chicken Sandwich w/ Lettuce & Tomato</p> <hr/> <p>Carrot Sticks w/ LF ranch</p>
<p>13 Chili and Grilled Cheese</p> <hr/> <p>Chicken Sandwich w/ lettuce, tomato, pickle</p> <hr/> <p>French Fries, Salad w/ dressing</p>	<p>14 Chicken Nuggets w/ Honey Mustard</p> <hr/> <p>Hamburger Steak & Roll</p> <hr/> <p>Mashed Potatoes w/ gravy, green beans</p>	<p>15 Mac & Cheese</p> <hr/> <p>Deep Dish Pizza</p> <hr/> <p>Green Peas, Seasoned Carrots, Dinner Roll</p>	<p>16 Asian Meatball & Rice Bowl</p> <hr/> <p>BBQ Sandwich</p> <hr/> <p>Steamed Broccoli & Carrots</p>	<p>17 Cheeseburger</p> <hr/> <p>Spicy Chicken Sandwich</p> <hr/> <p>Baked Beans, Broccoli & Cauliflower w/ ranch</p>
<p>20 Chicken Tenders w/ Honey Mustard</p> <hr/> <p>Corn Dog</p> <hr/> <p>French Fries, Black-Eyed Peas, Teddy</p>	<p>21</p> <p>22</p> <p>23</p> <p>24</p> <p>Happy Holidays!</p>			
<p>CHOICE OF MILK & FRUIT MEAL</p>		<p>Special Notice to Adults: The following applies to all menu items:</p> <ol style="list-style-type: none"> 0 Trans fats Low Sodium Reduced Sugar 51% Whole Grain Rich <p>Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.</p>		




DON'T FORGET TO GRAB YOUR FRUIT!



December 2021



Sumter County Middle School Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		¹ Meatballs w/ Mozzarella & Marinara <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Carrots & Celery w/ ranch, Roll, Side Salad	² BBQ Sandwich. <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Cheese Stick, Carrots & Celery w/ ranch, baked beans, slaw, Doritos	³ Cheeseburger w/ lettuce, tomato & pickle <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Green Peas, French Fries, Dried Chick Peas
⁶ Chicken Tenders w/ Honey Mustard <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Side Salad, Carrot Sticks w/ Ranch, French Fries, Black-Eyed Peas	⁷ Sloppy Joe <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Cucumbers, Carrots w/ LF ranch, Tater Tots	⁸ Philly Cheesesteak Sandwich <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Steamed broccoli, Sweet Potato, Side Salad w/ dressing	⁹ Chicken Pot Pie <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Green Beans, Teddy Grahams, broccoli w/ ranch, celery sticks	¹⁰ Meatball Sub w/ Mozzarella Cheese <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Carrot Sticks w/ LF ranch, Marinara Cup, Side Salad
¹³ Chili & Grilled Cheese <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Salad w/ dressing, carrots & celery Sticks	¹⁴ Hamburger Steak & Roll <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Mashed Potatoes w/ gravy, green beans, teddy grahams	¹⁵ Spicy Chicken Sandwich <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Green Peas, Seasoned Carrots, Side Salad, Roll	¹⁶ Cheeseburger Mac & Roll <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Steamed Broccoli & Carrots	¹⁷ Cheeseburger w/ lettuce tomato, pickle <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Baked Beans, Broccoli & Cauliflower w/ ranch
²⁰ Chicken Tenders w/ Honey Mustard <hr/> Smart Mouth Pizza <hr/> Chef Salad <hr/> Sweet potato fries, side salad, black-eyed peas, teddy grahams	<div style="border: 2px dashed black; padding: 10px;">  </div>			
<p><u>Special Notice to Adults:</u> <i>The following applies to all menu items:</i></p> <ol style="list-style-type: none"> 1. <i>0 Trans fats</i> 2. <i>Low Sodium</i> 3. <i>Reduced Sugar</i> 4. <i>51% Whole Grain Rich</i> <p><i>Detailed nutrient information can be seen at SNP Central Office by</i></p>	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>CHOICE OF MILK & FRUIT MEAL</p> </div>			



December 2021

Sumter County High School Breakfast Menus

Offered Daily:
Choice of Muffin, Cereal and Yogurt with
Fruit Choices, Juice and Milk

**HAPPY
HOLIDAYS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Breakfast Pizza OR Sausage Biscuit & Yogurt</i></p>	<p><i>French Toast Sticks OR Mini Pancakes w/ Sau- sage & Yogurt</i></p>	<p><i>Biscuit w/ Sausage OR Pancake w/ Sausage & Yogurt</i></p>	<p><i>Breakfast Pizza OR Biscuit w/ Chicken Patty & Yogurt</i></p>	<p><i>Biscuit w/ Sausage OR Grape or Chocolate Crescent & Yogurt</i></p>



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 2. **Low Sodium**
 3. **Reduced Sugar**
 4. **51% Whole Grain Rich**
- Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.



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SUMTER COUNTY HIGH SCHOOL School Lunch Menus

Monday Tuesday Wednesday Thursday Friday

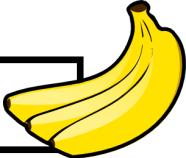
Pizza Station Grill Station Salad & Sandwich Station Home-style Station Sides NOV 29TH-DEC 3RD	Individual Pan Pizzas: Pepperoni, Sausage, or Cheese– Daily Side Salad				
	MON: Philly Cheesesteak TUES/THURS: Chicken Tenders WED: Cheeseburger FRI: Chicken Sandwich				
Pizza Station Grill Station Salad & Sandwich Station Home-style Station Sides DEC 6TH-10TH	Individual Pan Pizzas: Pepperoni, Sausage, or Cheese– Daily Side Salad				
	MON/WED/FRI: Chicken Tenders TUES/THURS: Philly Steak OR Chicken Sandwich				
Chef Salad– Grilled Chicken Salad– Southwest Taco Salad					
BBQ Sandwich w/ Mac & Cheese	Chicken Burrito	Baked Fried Chicken & Dinner Roll	Chili & Grilled Cheese Sandwich	Chicken Pot Pie	
<i>Side Salad *Baked Beans* Collard Greens* Cornbread* Fries *Celery</i>	<i>Side Salad* Carrots w/ Broccoli & ranch *Sweet Potato Fries *Salsa Cup *Corn</i>	<i>Baked Sweet Potato, Mac & Cheese, black eyed peas* Carrots *French fries</i>	<i>Side Salad* Carrots w/ ranch *French fries</i>	<i>Green Beans* Broccoli w/ ranch* Tater Tots* Celery Sticks Tater Tots</i>	
Beef Vegetable Soup w/ Grilled Cheese or 5.3oz PB&J	Hamburger Steak & WG Roll	Sloppy Joe	Breakfast for Lunch	Hot Dog w/ Chili & Cheese	
<i>Side Salad* Carrots & Celery w/ ranch *Black Beans *French fries</i>	<i>Mashed Potatoes & Gravy* Green Beans* Tater Tots*</i>	<i>Green Peas* Seasoned Carrots* Side Salad* Roll* Sweet Potato Fries</i>	Eggs, Grits, Pancakes, Biscuits Hash browns, Sausage Patties, fruit salad	<i>Slaw* Broccoli & Cauliflower* Baked Beans* Tater Tots*</i>	

Choice of chilled milk & fruit served at each meal

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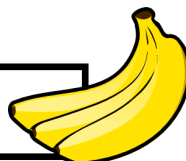
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SUMTER COUNTY HIGH SCHOOL School Lunch Menus

Monday Tuesday Wednesday Thursday Friday

Pizza Station Grill Station Salad & Sandwich Station Home-style Station Sides DEC 13TH-DEC 17TH	Individual Pan Pizzas: Pepperoni, Sausage, or Cheese– Daily Side Salad				
	MON: Philly Cheesesteak TUES/THURS: Chicken Tenders WED: Cheeseburger FRI: Chicken Sandwich				
	Chef Salad– Grilled Chicken Salad– Southwest Taco Salad				
	Dressed Up Mac & Cheese <i>Side Salad* Carrots w/ ranch *French fries</i>	Chicken Pot Pie <i>Green Beans* Broccoli w/ ranch* Tater Tots* Celery Sticks</i>	Meatball Sub w/ Mozzarella <i>Side Salad* Carrots w/ Broccoli & ranch *Sweet Potato Fries *Salsa Cup *Corn</i>	Chicken Alfredo w/ Penne <i>Steamed Broccoli & Carrots, Sun Set Sip juice *French fries</i>	Sloppy Joe <i>Side Salad *Baked Beans* Collard Greens* Cornbread* Tater Tots</i>
Pizza Station Grill Station Salad & Sandwich Station Home-style Station Sides DEC 20TH	Individual Pan Pizzas: Pepperoni, Sausage, or Cheese– Daily Side Salad				
	MON/WED/FRI: Chicken Tenders TUES/THURS: Philly Steak OR Chicken Sandwich				
	Chef Salad– Grilled Chicken Salad– Southwest Taco Salad				
	Beef Vegetable Soup w/ Grilled Cheese or 5.3oz PB&J <i>Side Salad* Carrots & Celery w/ ranch *Black Beans *French fries</i>				

Choice of chilled milk & fruit served at each meal



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