



## **EAT BREAKFAST AT SCHOOL!**

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus comes...or they're just not ready to eat. If this sounds like your house, we have good news for you.

Breakfast is served each day at school! School breakfast will give your child a healthy start to the day. A nutritious breakfast helps students be more alert so they can learn and focus in class.

Breakfast is No Cost to all students in Marion County. Help your child start the day right with school breakfast!

Marion County School Nutrition Program  
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