Amite County High School

December 2021 Breakfast Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Dec - 1  French Toast Sticks  OR  Breakfast Bread  Fresh Fruit  Fruit Juice  Milk | Dec - 2  Sausage and Biscuit  Assorted Jellies  Fresh Fruit  Fruit Juice  Milk | Dec - 3  Breakfast Pizza  OR  Mini Pancakes  Yogurt  Fresh Fruit  Fruit Juice  Milk |
| Nov - 1  Pop Tart  OR  Cereal Bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Dec - 7  Sausage and Biscuit  Assorted Jellies  Fresh Fruit  Fruit Juice  Milk | Dec - 8  Sausage & Pancake on a Stick  Snack Cracker  Fresh Fruit  Fruit Juice  Milk | Dec - 9  Sausage and Biscuit  Assorted Jellies  Fresh Fruit  Fruit Juice  Milk | Dec - 10  Breakfast Bread  OR  Frudel  Fresh Fruit  Fruit Juice  Milk |
| Dec - 13  Banana Muffin  OR  Cereal Bar  Yogurt  Fresh Fruit  Fruit Juice  Milk | Dec - 14  Sausage and Biscuit  Assorted Jellies  Fresh Fruit  Fruit Juice  Milk | Dec - 15  French Toast Sticks  OR  Breakfast Bread  Fresh Fruit  Fruit Juice  Milk | Dec - 16  Sausage and Biscuit  Assorted Jellies  Fresh Fruit  Fruit Juice  Milk | Dec - 17  Breakfast Pizza  OR  Mini Pancakes  Yogurt  Fresh Fruit  Fruit Juice  Milk |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offered, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free chocolate and low-fat white milk.

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

