

BREAKFAST

NOVEMBER 2023

Portage Area High School

Adult Meal Price - \$3.00

Milk Offered Daily:
Fat Free or 1%

Breakfast GNG Offered Daily:
Cinnamon Toast Crunch Bar, Lucky Charms Bar,
Peach Cheerios Bar, Mini Powder Donut,
Mini Chocolate Donut, Cookies & Cream Benefit Bar,
Strawberry Cream Cheese Bagel

Monday

Tuesday

Wednesday

Thursday

Friday

Now hiring Cafeteria Team Members.
For more information, contact Denise Moschgat
at 814-736-9636 ex1500 or
dmoschgat@mustangmail.org

Cinnamon Roll **1**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Mocha Crumble **2**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Apple Frudel **3**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Breakfast Pizza **6**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Blueberry Waffle **7**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Pumpkin Swirl Roll **8**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Blueberry Donut **9**
Hole Cup
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

No School 10


Breakfast Pizza **13**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Sweet Roll **14**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Raspberry Turnover **15**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Pancake & Sausage **16**
Stick
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Uncrustable Breakfast **17**
Sandwich
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Chocolate Chip **20**
Crumb Cake
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Strawberry Boli **21**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Cinnamon Roll **22**
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk
EARLY DISMISSAL

No School 23


No School/ 24
Thanksgiving
Break

27
No School

28
No School
Parent/Teacher
Conferences

29
No School
Parent/Teacher
Conferences

30
Blueberry Donut
Hole Cup
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk



To qualify as a free breakfast, students must take 3(minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASTD>