FEBRUARY 2024

Hines Middle School Breakfast and Lunch Menu

Lunch includes: Entrée with salad bar options of, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Check your		1 Breakfast
	•		Cereals & Grains, Fruit
	<u>Mymealtime</u> lunch		& Milk
	Charge account		Lunch
	balances.		Sandwiches & Salads daily
and the second			Lg Pretzel w/ cheese
	Email notices sent		Seasoned Green Beans
	weekly.		
	•		Veggie, Fruit & Milk
5 Breakfast	6 Breakfast	7 Breakfast	8 Breakfast
Warm Waffle-	Chocolate Oat Bar-	Biscuit w/ Egg & Sausage	Cereals & Grains, Fruit
Cereal & Grains, fruit & Milk	Cereal & Grains, fruit & Milk	Veggie, Fruit & Milk	& Milk
Lunch	Lunch	Lunch	Lunch
Sandwiches & Salads daily	Sandwiches & Salads daily	Sandwiches & Salads daily	Sandwiches & Salads daily
Pizza Stix w/ Marinara	Chicken Philly Sand w/ Pasta	Spaghetti w/ Meat sauce & TX Toast, Green Beans	Italian Meatball Sub
Veggie, Fruit & Milk	Salad Veggie, Fruit & Milk	5	Veggie, Fruit & Milk
12 Breakfast	13 Breakfast	Veggie, Fruit & Milk 14 Breakfast	15 Breakfast
Biscuit w/ Sausage Gravy	Blueberry Parfait-	French Toast w/ Berries	Cereals & Grains, Fruit
Cereal & Grains, fruit & Milk	Cereal & Grains, fruit & Milk	Cereals & Grains, Fruit	& Milk
Lunch	Lunch	& Milk	Lunch
Sandwiches & Salads daily	Sandwiches & Salads daily	Lunch	Sandwiches & Salads daily
Homemade Chicken Noodle	Soft Chicken Taco's	Sandwiches & Salads daily	Chicken Nuggets w/ Corn
Soup w/	Seasoned Rice	Pizza	Roll
Toasted Cheese Sand	Veggie, Fruit & Milk	Veggie, Fruit and Milk	Veggie, Fruit & Milk
Veggie, Fruit & Milk			
19 Breakfast	20 Breakfast	21 Breakfast	22 Breakfast
Pancake on a stick w/ String	Cereal Bar w/ Sun seeds	Fresh Cinnamon Roll-	Cereal w/ Fruits and Grains,
cheese-	Cereal & Grains, fruit & Milk	Cereal & Grains, fruit & Milk	Milk
Cereal & Grains, fruit & Milk	Lunch	Lunch	Lunch
Lunch	Sandwiches & Salads daily	Sandwiches & Salads daily	Sandwiches & Salads daily
Sandwiches & Salads daily	Corn Dog w/Baked Beans	Stuffed Baked Potato Chili &	Chicken Burger w/ FF
Sweat & Sour Chicken	Veggie, Fruit & Milk	Cheese w/ Roll	Veggie, Fruit & Milk
W/ Veggie Noodles		Veggie, Fruit & Milk	
Fruit, Veggie, Milk	Decelfent	20 Decelfent	20 Decel ford
26 Breakfast Yogurt, String cheese, Granola	27 Breakfast Bagel w/ Cream Cheese-	28 Breakfast	29 Breakfast
Cereal & Grains, fruit & Milk	Cereal & Grains, fruit & Milk	Cereal w/ Fruits and Grains, Milk	Cereal w/ Fruits and Grains, Milk
Lunch	Fruit & Milk	Lunch	Lunch
Sandwiches & Salads daily	Lunch	Sandwiches & Salads daily	Sandwiches & Salads daily
Cheese Burger w/ Chips	Sandwiches & Salads daily	BBQ Pork Rib Sand	Chili w/ Corn Bread
Veggie, Fruit & Milk	Homemade Mac & Cheese w/	Cole Slaw	Fruit, Veggie, Milk
· · - · · · · · · · · · · · · · ·	TX Toast	Fruit, Veggie, Milk	
	Veggie, Fruit & Milk	, 66 ,	1

This institution is an equal opportunity provider.