

NYM Community Education Activities/Offerings Schedule Beginning December 15th, 2025

We would like to extend our highest gratitude to the New York Mills VFW Post #3289
for their tremendous support of our school activities!!

The times and dates listed here are always subject to change according to the weather, illness and other unforeseen circumstances. For complete information about Community Education offerings and NYM School District activities, check the ISD #553 website @ www.nymills.k12.mn.us, the school Facebook page, the bulletin board by the District Office, or call the school at (218) 385-4203/(218) 385-4201. Unless otherwise noted, call (218) 385-4203 for more information or to register for offerings. NYM Community Education is always looking for individuals to propose and teach/facilitate classes. If you have an expertise or interest in a topic that you could share with others, please contact us!

NYM COMMUNITY EDUCATION ACTIVITIES SCHEDULE

Please check the school website www.nymills.k12.mn.us or Facebook page for updates regarding activities or meetings that are scheduled.

Monday, December 15th

7/8 BBB (A) at Verndale @ 3:30 pm
JV Boys WR (H) with TBD @ 5:00 pm
MS Boys WR (H) with Frazee, Little Falls, PR @ 5:00 pm
School Board Meeting in Room #108 @ 5:30 pm
Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm
Bandwagon Meeting in Room #108 at 6:30 pm

Tuesday, December 16th

'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm
JV/V BBB (A) at Frazee @ 4:45 pm
JV/V GBB (H) with Lake Park Audubon @ 5:30 pm
4-6 Band/Choir Concert in Aud. @ 7:00 pm

Wednesday, December 17th

Adult VB League in HS/SC Gyms @ 7:00 pm

Thursday, December 18th

V Boys WR (H) with Wadena-DC @ 1:30 pm
7/8 BBB (A) at Parkers Prairie @ 4:30 pm
JV/V BBB (H) with Long Prairie-GE @ 6:00 pm

Friday, December 19th

HS Christmas Activity Day in Aud. @ 12:30 pm
V Boys WR (H) with Benson, Fertile-Bel, Roseau @ 4:00 pm
C/JV/V GBB (A) at Menahga @ 4:30 pm

Saturday, December 20th

Elem. Basketball Practice in All Gyms @ 9:00 am
MS Boys WR (A) at Pierz @ 9:30 am
Girls WR (A) at Bemidji @ 11:00 am

Sunday, December 21st

Open Gym in All Gyms @ 6:00 pm

Monday, December 22nd

Elem. WR Jamboree in SC Gym @ 5:30 pm
V BBB (A) at Sebeka @ 7:30 pm

Tuesday, December 23rd

V BBB (A) at Sebeka @ 1:00 pm

Sunday, December 28th

Open Gym in All Gyms @ 6:00 pm

Monday, December 29th

JV/V GBB (A) at Perham @ TBD

Tuesday, December 30th

JV/V GBB (A) at Perham @ TBD

Saturday, January 3rd

JV/V BBB/GBB (H) with Parkers Prairie @ 12:00 pm

Sunday, January 4th

Open Gym in All Gyms @ 6:00 pm

Monday, January 5th

MTSS Data Meeting in Aud. @ 8:40 am
Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm



NYM COMMUNITY EDUCATION OFFERINGS SCHEDULE

OPEN GYM

Open Gym is sponsored by Community Education and NYM Booster Club. There will be a \$1 fee for every participant each night including all who come in to walk the hallways on Sunday night during Open Gym. The fee will be used to staff Open Gym and pay for facility and equipment maintenance.

WHO: 7-12th grade students and adults in our school district and if an elementary student wants to participate, he/she must be accompanied by an adult.

WHEN: Runs from November 2 through March 29 on most Sunday nights from 6:00 - 8:00 p.m., (except Super Bowl Sunday 2-8-26).

ADULT VOLLEYBALL LEAGUE

It's that time of year again for NYM Adult Volleyball League to begin! To sign up your team, please have your captain call or text Cody Geiser at (218) 371-6596, and if not available leave a message OR email at cgeiser@nymills.k12.mn.us. The closing date for sign-up will be **Monday, November 24, 2025**. Give him a call, text or email before then so he can have the schedule ready for the first night of play! The first night of league play is scheduled for **Wednesday, December 3, 2025**. The cost is \$100.00 per team and must be paid the first night of league or prior to the first night in the District Office at the NYM School. We will have an introductory meeting at 6:30 p.m. for all TEAM CAPTAINS the first night, where we will be going through the rules, schedule, etc. League play will begin at 7:00 p.m. and runs approximately ten weeks before we get into tournament play. NOTE: There is room for more teams if anyone would like to join. It is co-ed and a lot of fun!!

Tentative Dates: December 3, 10, 17, January 7, 14, 21, 28, February 4, 11, 18, 25, March 4 and 11 (if needed)

CPR/AED/1ST AID/EMR/EMT COURSE SCHEDULE

HEARTSAVER CPR, AED AND 1ST AID (Wednesdays at 5:30 p.m.)

1-28-26, 3-25-26, 5-27-26, 7-22-26, 9-23-26, 11-25-26, 1-27-27, 3-24-27, 5-26-27, 7-28-27, 9-22-27, 11-24-27

BLS PROVIDER CPR (Wednesdays at 5:30 p.m.)

12-17-25, 2-25-26, 4-22-26, 6-24-26, 8-26-26, 10-28-26, 12-23-26, 2-24-27, 4-28-27, 6-23-27, 8-25-27, 10-27-27, 12-22-27

EMERGENCY MEDICAL TECHNICIAN/EMERGENCY MEDICAL RESPONDER (EMT/EMR COURSE) (Mondays at 6:00 p.m.)

9-14-26, 9-13-27

COSTS:

Heart Saver CPR/AED & 1st Aid	\$ 125
BLS Provider CPR.....	\$ 100
EMT (base fee plus books/fees)	\$ 1300
EMR (base fee plus books/fees)	\$ 500

WHERE: Perham Area EMS Training Room
525 West Main, Perham, MN 56573

REGISTRATION: **Classes are post board certified**

Register for a class by call/text 218.298.2482 or email lakescountryedu@gmail.com

CONTACT: Barb Felt at Lakes Country Emergency Education and Consulting

WEBSITE: www.lakescountryedu.com

SCHOOL-AGED CHILD CARE

If you need before and/or after school child care on a regular or drop-in basis, we have before and/or after school child care available at the school.

WHO: PreKindergarten through sixth grade

WHEN: During school days, childcare hours in the morning are 6:00-8:10 am, and after school is 3:00-5:30 pm.

REGISTER: To register, email childcare@nymills.k12.mn.us or call (218) 385-4209 or (218) 385-4203 (Comm. Ed. Office).

EARLY CHILDHOOD SCREENINGS ~ 'ECS'

As of January 2014, the Early Childhood Screenings will be conducted by the Lakes Country Service Coop. The Community Education office will be doing the scheduling and the screenings will be completed at the New York Mills School. This screening is required by the school for entrance into PreKindergarten and required by Minnesota Statute 121A.17 for entrance into Kindergarten unless an Exemption form is filled out. It is an opportunity for you to review your child's growth and development and to follow up on any health or learning concerns. The Early Childhood Screening is a FREE screening and includes a developmental assessment, vision and hearing test, height and weight measurements, immunization and health history review and a parent visit. It is NOT an examination to determine readiness for school. Its purpose is to identify conditions that might interfere with your child's ability to learn and to assist parents in developing strategies to help their child succeed. Please call Deb in the Community Education office to schedule an appointment at (218) 385-4203. Please leave a message if there is no answer and she will get back to you as soon as an appointment is available.

ON-GOING WALKING

For those who would like to get exercise by walking through the 2329 feet of hallways in NYM School. (This is FREE except during Sunday night at Open Gym times when it will be a \$1 fee.)

WHO: Open to all

WHEN: School days from 6:30-8:00 a.m. and 4:00-8:00 p.m.

55+ DRIVER DISCOUNT PROGRAM (2025-2026)

This Driver Discount Program is put on by the Precision Driving Center of Minnesota through St. Cloud State University. You can check out their website at www.driverdiscountprogram.com.

Complete this course to get a 10% discount on your auto insurance premiums! Taught as a presentation from a certified instructor, you'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws. Best of all, there are no written or behind the wheel tests! Certificate will be provided at the end of class. The 8-hour initial course requirement has been removed as of July 1st, 2024. Participants must take the 4-hour course to initially earn the discount and then repeat the 4-hour course every three years to maintain the discount. Pre-registration required.

The following 55+ Driver Discount Program courses are currently set up for you at the New York Mills School. Also for your convenience, we always have waiting lists if you missed a course and want to be notified of the next course.

WHO: Anyone, especially 55 and over

WHEN: Saturday, April 11th

TIME: 9:00 a.m. to 1:00 p.m.

WHERE: Room #108 HS Media Center @ NYM Public School
(Enter the door by the eagle and look for the sign that will tell you where to go.)

COST: \$24 per participant payable at class with check made out to: PDCM

SIGN UP: In District Office or call (218) 385-4201

CLASS LIMIT: 15 - 30 people

INSTRUCTOR: Bob Swenson

NEW YORK MILLS FOOD SHELF 2025-2026

The New York Mills Food Shelf is available to anyone in need in the New York Mills School District. Food Shelf is located at 400 S. Walker Avenue, New York Mills. Donations of food and money are always welcome. For more information, contact Connie at (218) 385-3669. Open from 9-12 and 4:30-6:30 on Mondays -- December 22, January 26, February 23, March 30, April 27, May 18, June 29, July 27 and August 31.

ADULT BASIC ED/ENGLISH AS A SECOND LANGUAGE

Adult Basic Education is for anyone 17 years old and older who does not have a high school credential, is preparing for college, or is learning English. Individualized instruction is available for GED, Adult Diploma, Accuplacer Prep, computer literacy, and reading, writing, speaking and understanding English.

DATES/TIMES: Appointments available on Tuesdays from 1:00-6:00 p.m.

And Thursdays from 8:00-11:00 a.m.

WHERE: New York Mills City Building at 118 North Main Avenue

COST: Class time is free. There is a fee for GED tests.

CLASS LIMIT: None at this time

WHO CAN TAKE: Anyone who is 17 or older and who does not have a high school credential, needs to prep for college, lacks computer skills, and/or is learning English as a second language.

DEADLINE/REGISTRATION INFO: You may register any time throughout the school year the first time you come to class.

INSTRUCTOR INFO: Leah Hamann, Adult Basic Education Instructor, lhamann@detlakes.k12.mn.us is my email address and (218) 844-5760 is the number for Detroit Lakes ABE. Contact either one to set up appointments or for any questions.

NEW YORK MILLS PUBLIC LIBRARY

TEEN BOOK CLUB MEETING

Join us on Monday, December 15th from 4:00-5:00 p.m. This month's read is 'Wish' by Barbara O'Connor. All teen readers welcome at the New York Mills Public Library. If you are interested in joining, please stop by or call 218-385-2436.

AUTHOR SERIES - Each program will begin at 6:30 p.m. Authors will have books available for sale before and after their presentations. All programs are free and open to all. Registration is encouraged, please call 218-385-2436. NYM Public Library, 30 Main Avenue N., NYM, MN.

Monday, December 15th (re-scheduled) - Author of 'Perpich: A Minnesota Original', Ben Schierer tells of the life and legacy of Minnesota's longest serving governor, Rudy Perpich, one of the state's most consequential political figures. (Sponsored by the NYM Public Library and Viking Library System, funded in part or in whole with monies from MN's Arts and Cultural Heritage fund.)



NEW YORK MILLS REGIONAL CULTURAL CENTER

YOGA - The New York Mills Regional Cultural Center is excited to bring yoga back to the community this fall with an **8-week Yoga Series** led by **Bobbi Jo Hamilton**, certified yoga instructor, Licensed Independent Clinical Social Worker (LICSW), and owner of **Northwoods Velvære Studio**. Classes will be held on **Wednesday and Friday mornings from 10:00-11:00 a.m.**, beginning **Wednesday, October 29**, and continuing through **Friday, December 19, 2025**, in the **upstairs studio** at the Cultural Center (24 N Main Ave, New York Mills). "We're thrilled to offer yoga once again at the Cultural Center," said Megan Shirley-Ross, Artistic Director. "Bobbi Jo brings a compassionate approach that supports overall well-being — mind, body, and spirit — and we're so glad to welcome her to our community of teaching artists." Bobbi Jo combines gentle movement with mindfulness, breathwork, and self-compassion practices. With her background in mental health therapy and years of yoga experience, she creates a safe, supportive environment for students of all levels.

Two Class Options – Open to All Levels

Gentle Flow – Wednesdays

A soft, nurturing class designed to slow down, stretch, and move with ease. Gentle Flow emphasizes relaxation, breathwork, and mindful movement. Perfect for beginners, seniors, or anyone seeking a restorative experience that supports flexibility, balance, and self-compassion.

Slow Flow – Fridays

A steady, mindful practice that links breath with movement. Postures are held slightly longer than in Gentle Flow, helping build strength, awareness, and stability. Slow Flow is ideal for those seeking a grounding, supportive practice that builds resilience and confidence.

Students can attend **either class or both** — passes are flexible to fit your schedule.

Pricing & Fall Pass Options

Drop-in classes are \$18 (\$15 for seniors 60+). Flexible 5-, 8-, 10-, and 16-class passes are also available, with senior discounts applied for those 60 and older. All passes must be used within the Fall session (Oct. 29–Dec. 19, 2025) and can be used for Wednesdays, Fridays, or both classes. Choose the pass that fits your schedule and join us for an enriching, community-centered yoga experience this fall!

Buy Yoga Passes Online, or in person at the Cultural Center:

<https://kulcher.networkforgood.com/events/92549-yoga-fall-2025-nymrcc>

TEEN BOOK CLUB MEETING – Join us for the next meeting on Monday, December 15th from 4:00-5:00 p.m. at the NYM Public Library. This month's read is "Wish" by Barbara O'Connor. All teen readers are welcome. If you are interested in joining, please stop by or call 218-385-2436.

LONGEST NIGHT MUSIC FESTIVAL 2025 - Annual Winter Solstice Celebration of Local Musicians + Community on Sunday, December 21, 2025
Doors @ 6:30, Music @ 7pm **FREE** to attend & open to ALL!

Each year on the Winter Solstice, the Cultural Center opens its doors for an evening of music, food, drinks, and community connection. Local and regional musicians come together on the longest night of the year to share their talents and celebrate creativity, warmth, and light in the heart of winter. This free-to-attend, informal, and joy-filled gathering has become a beloved community tradition—a chance to pause and connect with neighbors and friends amidst the holiday season. Come as you are, stay as long as you like, and enjoy an eclectic mix of live local music in our cozy gallery listening-room setting. All are welcome to join us for our winter solstice celebration of local musicians and community connections held annually on the LONGEST NIGHT of the year! This concert is FREE to attend and ALL are welcome! The night begins at 7:00. Doors open at 6:30. Refreshments and cash bar available. The **2025 lineup of musicians** will be updated as performers are confirmed. Current lineup includes: 🎸 **Elliot Frost (NYM)** 🎸 **Kevin Mastel (NYM)**

Interested in performing? We'd love to hear from you! Contact betsy@kulcher.org

This event is our way of **celebrating local artists and saying THANK YOU** to the community for your ongoing support of the arts. Refreshments and a cash bar will be available throughout the evening.

👉 **Free admission | All are welcome | No reservations required**

POP-UP WRITING WORKSHOP & FIDDLE PERFORMANCE WITH VISITING ARTIST KEN WALDMAN

The New York Mills Regional Cultural Center is excited to host a special **Pop-Up Writing Workshop** with acclaimed writer, musician, and visiting artist **Ken Waldman** on **Saturday, December 27, 2025**, from **10:00 AM to 12:00 PM**. This **free 90-minute** workshop is open to writers of all experience levels and ages 13 and up, and will be followed by a 30-minute fiddle performance to wrap up the morning. Participants will first explore creative inspiration through **four dynamic writing prompts** that will jump-start the beginnings of new stories or poems. Waldman's approach invites attendees to discover fresh ideas, embrace experimentation, and build confidence in their writing practice. Immediately following the writing session, Waldman will present a **mini performance** featuring spirited fiddle music along with selected stories and poems.

This unique combination celebrates both the written and spoken word in an engaging community atmosphere. **Ken Waldman** is a nationally recognized author, poet, and fiddler whose work reflects more than four decades of creative practice. He has published numerous books, including poetry collections, a memoir, children's books, and a creative writing manual, and has recorded multiple albums blending Appalachian-style music with original poetry. Waldman has toured extensively across the United States and internationally, performing at festivals, arts centers, and cultural venues. Ken is the Cultural Center's artist-in-residence this month, joining us in rural Minnesota from his native Alaska.

Event Details:

📍 **Pop-Up Writing Workshop + Fiddle Music Performance**

📅 **Saturday, December 27, 2025**

🕒 **10:00 AM – 12:00 PM**

📍 **New York Mills Regional Cultural Center, 24 N Main Ave, New York Mills, MN**

💰 **Free & Open to All** (Registration not required; RSVP appreciated) kulcher.org

No prior experience is needed — just bring your curiosity and a notebook! To help with planning, attendees are encouraged to RSVP by calling **218-385-3339**. kulcher.org

This activity is made possible in part by the voters of Minnesota through a Minnesota State Arts Board Operating Support grant, thanks to a legislative appropriation from the arts and cultural heritage fund. Questions? Call **218-385-3339** or visit <https://www.kulcher.org/pop-up-writing-workshop-visiting-artist-ken-waldman/>

