










**ALEXANDER CITY SCHOOLS
MIDDLE/HIGH MENU
JANUARY 2023**

Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please
Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*MENUS ARE SUBJECT TO CHANGE*</p> 	<h1>Happy New Year</h1> 		<p>05 FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT</p> <p>SPAGHETTI W/ ITALIAN BREADSTICK MINI CORNDOGS STEAMED GREEN BEANS SWEET POTATO FRIES FRESH SIDE SALAD FRUIT</p> 	<p>06 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HAMBURGER LEMON ROASTED CARROTS BLACK-EYED PEAS FRESH SIDE SALAD FRUIT CHOCOLATE CHIP COOKIE</p>
<p>09 CHICKEN BISCUIT, FRESH FRUIT</p> <p>TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL MINI CORNDOGS STIR FRY VEGGIES BLACK-EYED PEAS FRESH SIDE SALAD FRUIT</p> 	<p>10 WAFFLES, SAUSAGE LINK, FRESH FRUIT</p> <p>CHICKEN NOODLE SOUP W/ GRILLED CHEESE CHEESE QUESADILLA STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRUIT</p>	<p>11 MUFFIN & YOGURT, FRESH FRUIT</p> <p>TACO SALAD W/ CILANTRO LIME RICE HERB ROASTED CHICKEN W/ WARM ROLL CORN REFRIED BEANS FRESH SIDE SALAD FRUIT</p>	<p>12 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>HONEY BALSAMIC PORK W/ WARM ROLL CHICKEN TENDER BASKET LEMON ROASTED CARROTS TOMATO & ZUCCHINI GRATIN FRESH SIDE SALAD FRUIT COOKIE</p>	<p>13 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP CRISPITO STEAMED GREEN BEANS TATER TOTS FRESH SIDE SALAD FRUIT</p> 
<p>16</p> <p>HAPPY BIRTHDAY DR. MARTIN LUTHER KING JR.</p>	<p>17 BREAKFAST PIZZA, FRESH FRUIT</p> <p>CHICKEN TWISTED PASTA CHEESEBURGER STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRESH FRUIT</p> 	<p>18 SAUSAGE, GRAVY BISCUIT, FRESH FRUIT</p> <p>CARIBBEAN CHICKEN W/ WARM ROLL FISH BOAT BROCCOLI WITH CHEESE BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT HOT FUDGE CAKE</p>	<p>19 CINNAMON ROLL, FRESH FRUIT</p> <p>SPAGHETTI W/ ITALIAN BREADSTICKS GRILLED CHICKEN SANDWICH CITRUS CINNAMON GLAZED CARROTS SPINACH FLORENTINE FRESH SIDE SALAD FRESH FRUIT</p>	<p>20 SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT</p> <p>BEEF SOFT TACO W/ CILANTRO LIME RICE CHILI DOG W/ CHIPS FRESH VEGGIE DIPPERS CORN FRESH SIDE SALAD FRESH FRUIT</p>
<p>23 CHICKEN BISCUIT, FRESH FRUIT</p> <p>GREEK CHICKEN W/ RICE PILAF & WARM ROLL CRISPITOS STEAMED GREEN BEANS BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT</p>	<p>24 WAFFLES, SAUSAGE LINK, FRESH FRUIT</p> <p>CHIPOTLE CHICKEN NACHOS W/ FRIED RICE HAMBURGER STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRESH FRUIT</p>	<p>25 MUFFIN & YOGURT, FRESH FRUIT</p> <p>LASANGA W/ WARM ROLL CORN DOG TATER TOTS LEMON ROASTED CARROTS FRESH SIDE SALAD FRESH FRUIT</p>	<p>26 SAUSAGE BISCUIT, FRESH FRUIT</p> <p>HAMUBURGER STEAK W/ GRAVY & WARM ROLL CHICKEN TENDER BASKET MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT COOKIE</p> 	<p>27 SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>WINGS & THINGS BBQ PORK SANDWICH BAKED BEANS CORN FRESH SIDE SALAD FRESH FRUIT</p>
<p>30 FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HOT DOG W/ CHIPS STEAMED GREEN BEANS CORN FRESH SIDE SALAD FRESH FRUIT</p> 	<p>31 BREAKFAST PIZZA, FRESH FRUIT</p> <p>CHEESY CHICKEN PASTA W/ ITALIAN BREADSTICK ITALIAN MEATBALL SUB TOMATO & ZUCCHINI GRATIN BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT</p>			

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