



110851 - Alaska Pollock Fish Sticks

Category: Meat/Meat Alternate



Product Description

 This item is uncooked, oven-ready, single frozen Alaska Pollock fish sticks made from deep skinned fillet, with a whole grain-rich breading. This product is delivered frozen in cases containing four 10-pound packages or eight 5-pound packages.

Crediting/Yield

- One case of Alaska Pollock fish sticks provides about 320 2-ounce portions.
- CN Crediting: 2 ounces of Alaska Pollock fish sticks credit as 1 ounce equivalent meat/meat alternate and 1/2 ounce equivalent grain. Please use the CN label or product formulation statement to confirm crediting information.

Culinary Tips and Recipes

- Breaded fish sticks can be baked and served as a main entrée or used as a protein component for dishes such as a fish tacos, fish sandwiches, rice bowls or salads.
- For culinary techniques and recipe ideas, visit the Institute of Child Nutrition or USDA's Team Nutrition.

Food Safety Information

 For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: <u>Developing a School Food Safety Program Based on the Process Approach to HACCP Principles.</u>

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts Serving size: 2 ounces (57g)/1 MMA whole grain-rich breaded fish sticks Amount Per Serving Calories 105 Total Fat 5g Saturated Fat 1g Trans Fat 0g Cholesterol 20mg Sodium 200mg Total Carbohydrate 11g Dietary Fiber 0g

Allergen Information: Contains fish and wheat. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Source: USDA Foods Vendor Labels

Sugars Og

Protein 6g

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

December 2017





100195 - Tuna, Chunk Light, Canned (K) Category: Meat/Meat Alternate



Product Description

 This item is canned tuna packed in water with vegetable broth. The product contains a commercial Kosher certification. It is delivered in cases containing six 66.5-ounce cans.

Crediting/Yield

- One case of tuna contains about 288 servings of drained tuna.
- CN Crediting: 1 ounce of drained tuna credits as 1 ounce equivalent meat/meat alternate.

Culinary Tips and Recipes

- Canned tuna can be used in salads, sandwiches, or casseroles.
- Mix tuna with chopped vegetables, mustard, and a little mayo for a tasty tuna topping to put on salad, whole grain sandwiches or crackers.
- For culinary techniques and recipe ideas, visit the Institute of Child Nutrition or USDA's Team Nutrition.

Food Safety Information

 For more information on safe storage and cooking temperatures, and safe handling practices, please refer
 to: <u>Developing a School Food Safety Program Based on</u> the Process Approach to HACCP Principles.

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts
Serving size: 1 ounce (28 g)/1 MMA tuna, drained
Amount Per Serving
Calories 30
Total Fat Og
Saturated Fat Og
Trans Fat Og
Cholesterol 15mg
Sodium 116 mg
Total Carbohydrate Og
Dietary Fiber Og
Sugars Og
Protein 7g

Allergen Information: Contains fish. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Source: USDA Foods Vendor Labels

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

10073538011869 - 1/10 LB Oven Ready Breaded Pollock Rectangles...



FOODSERVICET*



MARKETING

These High Liner Foodservice Breaded Alaska Pollock Rectangles are ready to cook and please a variety of tastes – kids to adults of all ages. Made from premium wild caught Pollock, each rectangle is coated with signature seasoned breading, and bakes from frozen in minutes to ensure a delicious crunch with moist flaky fish in every bite. An excellent choice for Child Nutrition-approved applications.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
10001186	10073538011869	2/5 LB

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Brand	Brand Owner	GPC Description
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High Liner Foodservice	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)
· ·	-	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10.0 LBR	No	United States	Yes	Yes

	Shipping						
Length	Length Width Height Volume TIxHI Shelf Life Storage Temp From/To						
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH	

Nutrition Facts

53 Servings per container

Serving Size

1 Portion (84g)

Amount Per Serving Calories

170

	% Daily value
Total Fat 8 g	10%
Saturated Fat 1 g	6%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 340 mg	15%
Total Carbohydrates 15 g	6%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugar	s 0%
Protein 11 g	

Protein 11 g	
Vitamin D 0.9 mcg	4%
Calcium 0 mg	0%
fron 1 mg	6%

^{*} The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'



(S) Peanuts - N



(1) Tree Nuts - N



Fish - C



Shellfish - NI

⊗ Sesame - N

SERVING SUGGESTIONS

Ideal as an entrée for school lunch, healthcare or senior living center dining, Pairs well with a variety of sides and traditional or signature sauces.

INGREDIENTS

Potassium 190 mg

66.8% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 33.2% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, CONTAINS 2% OR LESS OF: SALT, WATER, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN CANOLA OIL. CONTAINS: FISH (POLLOCK), WHEAT

HANDLING SUGGESTIONS

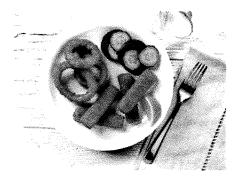
Keep Frozen

PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS: CONVENTIONAL OVEN: Bake frozen portions at 425°F for 15-17 minutes. CONVECTION OVEN: Bake frozen portions at 400°F for 10-12 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

MORE INFORMATION





1/20 LB Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Sticks 1 oz, CN, MSC

High Liner Whole Grain Crunchy Alaska Pollock Sticks have an extra crunch that makes school and other Child Nutrition-approved applications a real treat. These quality wild caught Pollock portions are coated with kid-friendly signature seasoned breading that delivers a flavorful extra crunch with tender, flaky fish in every bite. Quick and easy to prepare, each oven-ready portion bakes from frozen to crispy perfection in minutes.;

Product Last Saved Date: 06 March 2024



Nutrition Facts

80 Servings per container

Serving Size

4 Sticks (112g)

Amount Per Serving

Calories

210

	% Daily Value*
Total Fat 8 g	11%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 35 mg	11%
Sodium 330 mg	14%
Total Carbohydrates 22 g	8%
Dietary Fiber 2 g	7%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%

Protein 12 g

Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 200 mg	499

^{*}The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :					
Code	GTIN	Type Of Catch			
1089302	10035493893027	WILD			

High Liner Foodservice	Fish - Prepared/Processed (Frozen)	
Brand	GPC Description	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIXHI	Shelf Life	Storage Temp From/To
15.8125 INH	9.8125 INH	12.125 INH	1.0887 FTQ	12x3	540 Days	-10 FAH / 0 FAH

Ingredients:

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION, PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Conta	ains' MC='May Contain' N='None' N	='No Info Provided'):
Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 9-11 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Ideal as an entrée with dipping sauce and fresh green beans for school lunch, healthcare or senior living center dining.

Species / Scientific Name:

Alaska Połlock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY

BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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1089302 - 1/20 LB Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Sticks 1 oz, CN, MSC

CN Information:

CN Statement:

FOUR 1.00 OZ OVEN READY WHOLE GRAIN GOLDEN CRUNCHY BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Sticks 1 oz

1089302

LOT #: 1234567890

From an MSC certified sustainable fishery.

INDIVIDUALLY QUICK FROZEN



NET WT 20 Lb (9.07 kg)



High Liner Bid Desk Contact and Specification Verification:

Dawn Enos / Sales Operations Manager k12 PH: 603-818-5334

Email: dawn.enos@highlinerfoods.com



1/20 LB Oven Ready Whole Grain Breaded Pollock Sea Wonders Sea Shapes 1.0 oz, CN, MSC

Made from wild caught Alaska Pollock, High Liner Whole Grain Breaded Pollock Fish Shapes are specially formed, fish-shaped Pollock that are as delicious as they are downright fun. What's more, they align with USDA guidelines for whole grain. Each oven-ready shape cooks to golden crunchy, kid-friendly perfection in minutes. An exciting, more nutritious option for school lunches and other Child Nutrition-approved applications.;

Product Last Saved Date: 15 March 2024



Nutrition Facts

80 Servings per container

Serving Size

4 Pieces (112g)

Amount Per Serving Calories

260

	% Daily Value
Total Fat 10 g	12%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 480 mg	21%
Total Carbohydrates 29 g	11%
Dietary Fiber 5 g	19%
Total Sugars 3 g	
Includes 2 g Added Sugars	3%
Protein 16 g	
Vitamin D 0.6 mcg	29
Calcium 60 mg	49
Iron 2.6 mg	159
Potassium 500 mg	109

Product Specifica	tions:	
Code	GTIN	Type Of Catch
1089865	10035493898657	WILD

ſ	22 LBR	20 LBR	N/A	Undeclared	No
	Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free

Shipping Information						
Length	Width	Height	Volume	TixHi	Shelf Life	Storage Temp From/To
15.8125 INH	9.8125 INH	12.1250 INH	1.0887 FTQ	12x3	540 Days	-10 FAH / 0 FAH

Ingredients:

68.9% SEAFOOD BLEND [MINCED ALASKA POLLOCK, WATER, SOY FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SALT, HYDROLYZED CORN PROTEIN, BUTTER FLAVOR (MALTODEXTRIN, ENZYME MODIFIED BUTTER, FLAVOR), TITANIUM DIOXIDE, MODIFIED CORN STARCH, ONION POWDER, SPICES, NATURAL FLAVOR); 31.1% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WATER, MODIFIED CORN STARCH, SUGAR, WHOLE YELLOW CORN MEAL, ONION POWDER, GARLIC POWDER, SALT, YEAST, YEAST EXTRACT, SPICES, WHEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), CORN SYRUP SOLIDS, YELLOW CORN FLOUR, CORN STARCH, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), MODIFIED CELLULOSE, CONCENTRATED LEMON JUICE, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL CONTAINS: FISH (POLLOCK), WHEAT, SOY, MILK

Allergens(C='Conta	iins' MC='May Contain' N='None' NI	='No Info Provided'):
Eggs - N	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Place oven rack in the center of the oven, Preheat oven to 350°F. Place frozen fish in a single layer on a shallow baking pan, Bake for 10-12 minutes. CONVENTIONAL OVEN: Place oven rack in the center of the oven. Preheat oven to 425°F. Place frozen fish in a single layer on a shallow baking pan. Bake for 10-15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMIM IM

Serving Suggestions:

The ideal finger food for school lunch served with Popeye the Sailorman Spinach and the dipping sauce of your choice.

Species / Scientific Name:

Alaska Poliock - Gadus chałcogrammus

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH

SHAPES PROVIDE 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS.









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1089865 - 1/20 LB Oven Ready Whole Grain Breaded Pollock Sea Wonders Sea Shapes 1.0 oz, CN, MSC

CN Information:

CN Statement:

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH SHAPES PROVIDE 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



Oven Ready Whole Grain Breaded Pollock Sea Wonders

1089865



- 1.0 oz Sea Shapes Ocumenting Federal Meal Requ Made With Minced Eish & Alternate Protein Product

INDIVIDUALLY QUICK FROZEN **KEEP FROZEN**

DO NOT REFREEZE

2565278



NET WT 20 Lb (9.07 kg)



LOT#:

1234567890



From an MSC certified sustainable fishery.

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH SHAPES PROVIDE 2.00 OZ EGUINALENT MEATMERT ALTERNATE AND 1.75 OZ EGUINALENT GRAINS FOR CHILD, UNITITION MEAL PATTERN REGUINEMENTS, USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA GZIZIGI).



High Liner Bid Desk Contact and Specification Verification:

Dawn Enos / Sales Operations Manager k12 PH: 603-818-5334

Email: dawn.enos@highlinerfoods.com

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