

# ***B.L.A.S.T.***

## ***Babysitter's Lessons and Safety Training***



*Would you like to be the best babysitter you can be and make it fun and exciting for you and the children?*

***Come and learn How!!***

*The New York Mills Community Education in conjunction with American Heart Association (AHA) is offering a class for you to learn the basics that you need to know when babysitting for children. For many pre-teens and teens planning on picking up jobs during the summer months, babysitting is one way to earn some extra cash. American Heart Association offers this course to help individuals, 11 years of age and older, prepare for the responsibility of babysitting. You will learn how to interview for babysitting jobs, care for infants through school-age children, select safe and suitable games and activities, prevent accidents and perform tasks such as diapering, preparing simple meals, and dressing. With safety as the utmost important factor, you will learn how to handle emergencies, learn basic first aid and focus on safe care of infants and children. Handouts will be provided. Class size is limited, so sign up as soon as possible. If you have questions, please call the Community Education office @ 385-4203, or go to the District Office and sign up today!!!*

***Please bring a sack lunch to class! Payment is due when signing up!!***

***Instructor: Mary Johnson, AHA Certified***

***Date: Saturday, September 25<sup>th</sup>, 2021***

***Time: 9:00 a.m. - 3:00 p.m.***

***Place: Room #409***

***Cost: \$25/person***

