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## PRESS RELEASE

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### Lindsey Student Support Center Announces September 2024 Events

HOUSTON COUNTY, GA – During the month of September, the Lindsey Student Support Center (LSSC) will host the following events for students and their families. All will be held at the LSSC.

**Community Garden:** *September 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup> from 4:30 p.m. – 5:30 p.m.* Come join us for some horticulture therapy and help tend to the community garden while receiving tips and tricks to help your own garden thrive. This is an adult class and registration is required. [Click here to register.](#)



**Lindsey Student Support Center Resource Parent Workshop:** *September 19<sup>th</sup> from 10:00 a.m. – 11:00 a.m. OR 5:00 p.m. – 6:00 p.m.*

Our parent mentor will lead families through all the resources LSSC has to offer for families who have a student with disabilities, to include our Sensory Room, Literacy Center, and NEW Make-&-Take resource space. Registration is required. [Click here to register.](#)

**Food Processing Class – Vegetable Blanching:** *September 19<sup>th</sup> from 4:00 p.m. – 6:00 p.m.*

We are excited to offer our first Food Processing Workshop series consisting of 3 classes, the first is how to blanch your vegetables. Food and supplies provided by local farmers! This is an adult class and registration is required. [Click here to register.](#)

**Clinic Day:** *September 24<sup>th</sup> from 9:00 a.m. – 4:00 p.m.*

The Lindsey Student Support Center (LSSC) and the Georgia Department of Public Health - North Central Health District are partnering to bring telehealth appointments to the families in Houston County. Appointments are available on a first come, first served basis and pre-registration is required. The appointments will be free or low cost for families. Services include checking vitals, going over symptoms, and receiving a diagnosis by a telehealth nurse practitioner.

## MORE

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**Clinic Day:** *September 24<sup>th</sup> from 9:00 a.m. – 4:00 p.m. (continued)*

Prescriptions will be given as needed. Middle Georgia Community Action Agency will be on site to assist with prescription resources. Medications will not be on-site and dental services will not be available. [Click here to register.](#)

**Financial Literacy and FAFSA Parent Workshop:** *September 26<sup>th</sup> from 10:00 a.m. – 1:00 p.m.*

Parents are invited to our Financial Literacy lunch and learn session from SunMark Community Bank. The first hour will be for their transitioning high school student, then a FAFSA informational session by Central Georgia Technical College will be during the second hour. Lunch will be provided. Registration is required. [Click here to register.](#)

**Parenting the Challenging Child:** *October 3<sup>rd</sup> from 8:30 a.m. – 3:30 p.m.*

Parents are invited to our Parenting the Challenging Child 1-Day Training session held by Life Space Crisis Intervention. This training offers parents and caregivers dozens of brain-based, trauma-informed, relationship-building strategies. Participants will learn how to improve relationships with their child(ren), what happens during periods of stress and conflict in the young person's brain, proven strategies for de-escalating stressful situations and preventing problem behaviors, and how to respond to children in ways that interrupt the dynamics of conflict. Lunch will be provided, and registration is required. [Click here to register.](#)

All event information, including flyers in English and Spanish, can be found on the *Calendar of Events at Lindsey* page on our website, <https://www.hcbe.net/lindseycenter>. Registration is required for all events.

The Lindsey Student Support Center is located at 81 Tabor Drive in Warner Robins. For more information about what the Center offers, visit [www.hcbe.net/lindseycenter](http://www.hcbe.net/lindseycenter).

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