

CONNECTING WITH THE SCHOOL COUNSELOR



May 6-12, 2024

Screen Free Week (TV Turnoff Week)

Screen-Free Week is an annual event where children, families, schools and communities are encouraged to turn off screens. Instead of relying on television programming for entertainment, participants read, write, enjoy nature, and spend time with family and friends.

Happy, Healthy Kids TIP:

When your child makes a good choice, no matter how small, make a **BIG** deal out of it! Cheer for them, encourage them, and reinforce this behavior. When your child makes a mistake, guide them towards a better choice. But, try not to dwell on it and move forward together.

To prevent the "summer slide" and keep students learning this summer, enroll them in a summer reading program at your local library! They can work towards a summer reading goal.

We are Learning!

Self-control - control of our words and actions

Feelings about transiting to the next grade

I feel _____ about going to the next grade.



happy, excited



scared, anxious



sad

Let's CONNECT!

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