

# RIPON ATHLETIC CLEARANCE

School Year  
**2023-2024**

## Check Your Sports:

\*Check all that apply

### FALL

- Football
- Volleyball
- Girls Golf
- Girls Tennis
- Cross Country

### WINTER

- Boys Basketball
- Girls Basketball
- Boys Soccer
- Girls Soccer
- Wrestling
- Esports

### SPRING

- Baseball
- Boys Tennis
- Softball
- Boys Golf
- Swimming
- Track & Field

- Swimming

### JROTC

### CHEER

### POWDERPUFF

- Boys Volleyball
- Curling

Last Name: \_\_\_\_\_ Grade: \_\_\_\_\_

First Name: \_\_\_\_\_ Age: \_\_\_\_\_ D/O/B: \_\_\_\_\_

Address: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Contact #: \_\_\_\_\_

Parents email address: \_\_\_\_\_

Have you attended any other high school? Yes \_\_\_\_\_ No \_\_\_\_\_

If you answered yes please list the name of the school: \_\_\_\_\_

**This medical history and exam is only intended to determine ability to participate in sports and is not a substitute for regular exams by your physician**

Have you ever had any of the following (please circle Y or N):

<u>YES</u>	<u>NO</u>		<u>YES</u>	<u>NO</u>	
Y	N	1. Head Injury	Y	N	12. Anemia, leukemia or other blood disorder
Y	N	2. Back or neck problems or curvature of the spine	Y	N	13. Diabetes
Y	N	3. Broken Bones, dislocations, or amputations	Y	N	14. Hernia, kidney problem, testicle problem
Y	N	4. Polio or problems with foot, knee, or other joints	Y	N	15. Enlarged spleen or liver
Y	N	5. Eye injury, eye surgery, eye disease	Y	N	16. Surgery other than tonsils
Y	N	6. Wear glasses, contacts, hearing aid or dentures	Y	N	17. Family history of sudden death
Y	N	7. Headaches-other than minor headaches	Y	N	18. Presently taking any medication (list below)
Y	N	8. Drug addiction, mental illness, nervous disorder	Y	N	19. Allergic to medicine, foods, bee stings, etc.
Y	N	9. Epilepsy, fits, fainting, or dizzy spells	Y	N	20. Do you have any ongoing medical problems
Y	N	10. Lung trouble, shortness of breath, asthma	Y	N	21. Do you know of any reason why you should not participate in sports? _____
Y	N	11. Heart trouble, rheumatic fever	_____	_____	Date of last tetanus immunization (recommended every 3 years)

Current Medications \_\_\_\_\_

**\*Physical good for one calendar year from date of exam\* PHYSICIANS PHYSICAL EXAM**

Date: \_\_\_\_\_ B/P: \_\_\_\_\_ Sex: M or F Weight: \_\_\_\_\_ Height: \_\_\_\_\_

I have examined this student and have found him / her: (check one)  Fit for Sports  In need of further evaluation:

Reason: \_\_\_\_\_

Physician Signature \_\_\_\_\_

Place physician stamp here

**Parent Signature to treat:** \_\_\_\_\_

**Date:** \_\_\_\_\_