

MENU SUBJECT TO CHANGE WITHOUT

CEP stands for Community Eligibility

Under CEP, all students in Portage Area

School District are eligible to receive (1)

breakfast and (1) lunch at no cost.

Provision.

Meat/Meat Alternative

Grain

Fruit

Vegetable

Milk

Choice at least 3 food

groups.

Take at least ½ cup

fruit and/or vegetable.

JANUARY 2023

Portage Area Elementary School

Cereals Offered Daily:
Trix
Apple Cinnamon Cheerios
Lucky Charms

Breakfast Kits Offered Daily:
Fudge Pop tart
Strawberry Pop tart
Cocoa Puff Bar

A copy of the menu with the nutritional and

allergy information is available at:

https://www.schoolcafe.com/PortageASD

NOTICE DUE TO PRODUCT AVALIABILITY Wednesday Monday **Tuesday** Thursday Friday Omelet w/Toast or French Toast Squares or Raspberry Turnover or Funnel Cake or No School/ Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Assortment of Fruit Assortment of Fruit Assortment of Fruit Assortment of Fruit Christmas 100% Juice 100% Juice 100% Juice 100% Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk **Break** 9 Egg, Sausage, & Cheese Muffin 13 Breakfast Pizza or Mini Pancakes or Chocolate Chip Crumb Cake or Donut or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice 100% Juice 100% Juice 100% Juice 100% Juice Choice of Milk 19 16 18 17 20 No school Omelet w/Toast or French Toast Squares or Raspberry Turnover or Funnel Cake or Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Assortment of Fruit Assortment of Fruit Assortment of Fruit Assortment of Fruit MARTIN LUTHER 100% Juice 100% Juice 100% Juice 100% Juice KING JR: DAY Choice of Milk Choice of Milk Choice of Milk Choice of Milk 25 Egg, Sausage, & Cheese Muffin 23 26 27 Mini Pancakes or Chocolate Chip Crumb Cake Donut or Breakfast Pizza or Mini Strawberry Filled Bagel Assortment of Fruit 100% Juice 100% Juice 100% Juice 100% Juice 100% Juice Choice of Milk 30 Breakfast Pizza or Omelet w/Toast or Mini Strawberry Filled Bagel Mini Strawberry Filled Bagel Assortment of Fruit Assortment of Fruit 100% Juice 100% Juice Choice of Milk Choice of Milk The 5 food groups to a school breakfast are: Meal Prices

2nd Breakfast - \$2.00

Adult Breakfast - \$3.00

Milk (2nd) - \$.50

Bottled Water (Large) - \$.50

Bottled Water (Small) - \$.30