

# New Procedure for Receiving Holy Communion

Fr. Peter Mary has asked the ushers to guide the congregation in proceeding to the Communion rail in an orderly manner, using the **following instructions**:

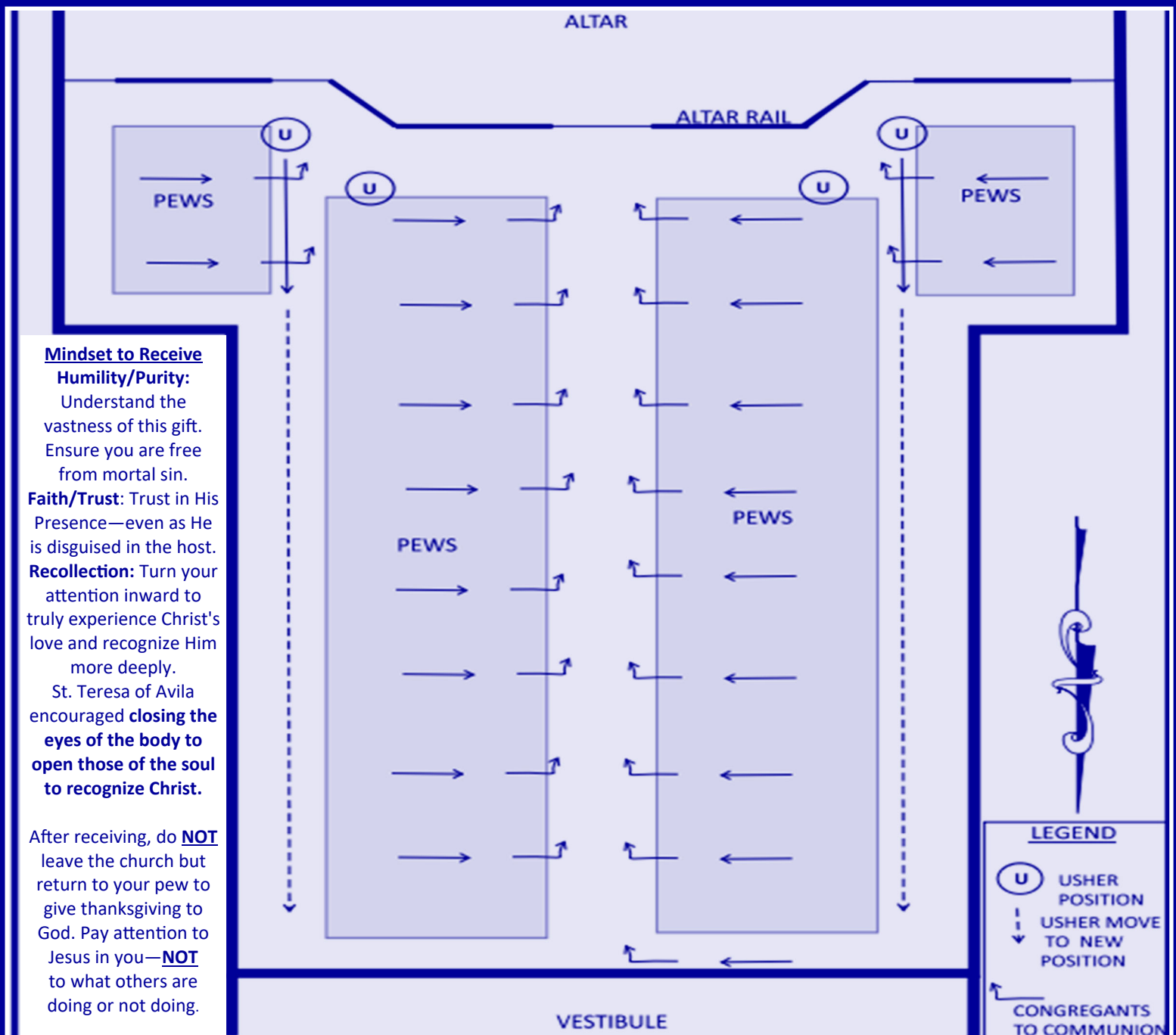
**SIDE PEWS** (those in front of St. Joseph and the Blessed Mother): Communicants proceed pew by pew down the **side aisle only**, and to the **side communion rails**. **Please do NOT cross over to the center pews.**

**CENTER PEWS:** Communicants proceed pew by pew **down the center aisle only—NOT** down the side aisles.

**Once the communicants on the side aisles have all received Holy Communion, then those from the center pews may then fill up the entire Communion rails.** Again, ushers will assist with directions.



Fr. Peter Mary thanks you for your full support. God bless you!



## Mindset to Receive

### **Humility/Purity:**

Understand the vastness of this gift. Ensure you are free from mortal sin.

**Faith/Trust:** Trust in His Presence—even as He is disguised in the host.

**Recollection:** Turn your attention inward to truly experience Christ's love and recognize Him more deeply.

St. Teresa of Avila encouraged **closing the eyes of the body to open those of the soul to recognize Christ.**

After receiving, do **NOT** leave the church but return to your pew to give thanksgiving to God. Pay attention to Jesus in you—**NOT** to what others are doing or not doing.

## LEGEND

-  USHER POSITION
-  USHER MOVE TO NEW POSITION
-  CONGREGANTS TO COMMUNION