BREAKFAST

FEBRUARY 2025

Rappahannock County High School

Student Breakfast FREE Adult Breakfast \$2.73

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Biscuit French Toast Sticks Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Panther Sandwich Waffles Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Sausage Gravy & Biscui Bagel & Cream Cheese Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Chicken Biscuit Pancakes Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Breakfast Pizza Egg & Cheese Burrito Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk
Sausage Biscuit French Toast Sticks Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Panther Sandwich Waffles Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Sausage Gravy & Biscuit2 Bagel & Cream Cheese Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Chicken Biscuit Pancakes Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Breakfast Pizza 14 Egg & Cheese Burrito Valentine's Cupid Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk
17 Holiday No School	18 Parent Teacher Conferences	Sausage Gravy & Biscuit Bagel & Cream Cheese Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Chicken Biscuit Pancakes Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Breakfast Pizza Egg & Cheese Burrito Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk
Sausage Biscuit French Toast Sticks Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Panther Sandwich 25 Waffles Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Sausage Gravy & Biscuit Bagel & Cream Cheese Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Chicken Biscuit, Pancakes W *Local Sausage Links* Fruit & Yogurt Parfait Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk	Breakfast Pizza Egg & Cheese Burrito Fruit & Yogurt Smoothie Assorted Muffins, Scones & Cereal Bars w/ Yogurt Fresh Fruit, Juice & Milk
			2	

*Local Sausage Links from Papa Weaver's Pork in Orange! *Featured on the 27th!

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

Register and create an account for your child at WWW.K12PaymentCenter.com to add money and view purchases.

"This is an equal opportunity provider."



FEBRUARY 2025

Rappahannock County High School

Student Lunch FREE Adult Lunch \$4.63

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken w/ Cornb PB&J Sandwich Salad Bar, Baked Potato Green Beans & Sweet Potatoes Fresh Fruit, Juice & Milk	Tex Mex Bowl w/ Ric PB&J Sandwich Salad Bar, Baked Potato Fiesta Corn & Refried Beans Fresh Fruit, Juice & Milk	Chicken Alfredo w/ Breadstick PB&J Sandwich Salad Bar, Baked Potato Mixed Vegetables & Roasted Broccoli Fresh Fruit, Juice & Milk	Sausage Gravy & Biscuit Sausage Patty PB&J Sandwich Salad Bar, Baked Potato Carrots & Hash Brown Fresh Fruit, Juice & Milk	Fresh Baked Pizza PB&J Sandwich Salad Bar, Baked Potato Fries & Tomato Cucumber Salad Fresh Fruit, Juice & Milk
Crispy Chicken Sandwich () PB&J Sandwich Salad Bar, Baked Potato Green Beans & Sweet Potatoes Fresh Fruit, Juice & Milk	Chicken Noodle Soup & Grilled Cheese Sandwich PB&J Sandwich Salad Bar, Baked Potato Corn & Spinach Salad Fresh Fruit, Juice & Milk	Boneless Wing Wednesday W Dinner Roll, PB&J Sandwich Salad Bar, Baked Potato Baked Beans & Potato Wedges Fresh Fruit, Juice & Milk	Fresh Baked Pizza PB&J Sandwich Salad Bar, Baked Potato Fries & Carrots Fresh Fruit, Juice & Milk	Bagged Lunch Turkey & Cheese Sandwich Chips, Carrots & Cucumbers Fresh Fruit, Juice & Milk
17 Holiday No School	18 Parent Teacher Conferences	Chicken, Bacon & Rar 19 Wrap, PB&J Sandwich Salad Bar, Baked Potato Broccoli & *Roasted Butternut Squash* Fresh Fruit, Juice & Milk	Beef Nacho Bowls 20 w/ Salsa PB&J Sandwich Salad Bar, Baked Potato Corn & Beans Fresh Fruit, Juice & Milk	Fresh Baked Pizza 2 PB&J Sandwich Salad Bar, Baked Potato Fries & Tomato Cucumber Salad? Fresh Fruit, Juice & Milk
Panther Bacon Cheeseburger w/ Lettuce, Tomato, Pickles PB&J Sandwich Salad Bar, Baked Potato Green Beans & Onion Rings Fresh Fruit, Juice & Milk	Tacos PB&J Sandwich Salad Bar, Baked Potato Corn & Refried Beans Fresh Fruit, Juice & Milk	Chicken Pot Pie PB&J Sandwich Salad Bar, Baked Potato Broccoli & Sweet Potatoes Fresh Fruit, Juice & Milk	Spaghetti Dinner w/ 27 Dinner Roll PB&J Sandwich Salad Bar, Baked Potato Carrots & Side Salad Fresh Fruit, Juice & Milk	Fresh Baked Pizza PB&J Sandwich Salad Bar, Baked Potato Peas & Potato Wedges Fresh Fruit, Juice & Milk
			3	17-6

*Harvest of the Month is Butternut Squash! *Featured Menu Item is Roasted Butternut Squash on the 19th! *Variety of Local Apples from F.T. Valley Farm in Sperryville! *February is Black History Month! This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

Register and create an account for your child at <u>WWW.K12PaymentCenter.com</u> to add money and view purchases.

"This is an equal opportunity provider."