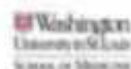


Bellefontaine Neighbors Health Summit

Creating Healthy Lifestyles and Building Healthy Communities

**The City of Bellefontaine Neighbors Welcomes You
Saturday April 15 from 10 a.m. to 4 p.m.
Riverview Gardens High School Gym
1218 Shepley Dr., St. Louis, MO 63137**

**For more information please call 847-238-2220
or email ward1communityfirst@gmail.com**



State Representative
Marlene Terry
4th District
Chair of the Missouri Legislative Health Caucus



HEALTH SUMMIT AGENDA

April 15, 2023, @ 10:00 AM – 4:00 PM

10:00 AM – 10:15 AM: Opening Remarks and Introductions

- Alderwoman Reverend Dinah Tatman
- Senator Angela Walton
- Alderwoman Theresa Hester

10:20 AM - 11:05 AM: First Presentations

11:10 AM – 11:25 AM Q & A

- Overdose Education & Naloxone Distribution.
Issurah King, Health Education Coordinator for St. Louis County
Department of Public Health
- Preventative Health for Seniors
Rachel Ramos, Nurse Practitioner ArchWell Health
- Your Mental Health
Holly Shiels, BJC Show Me Help

11:30 AM – 11:45 AM: Networking

11:50 AM - 12:35 PM: Second Presentations

12:40 PM – 12:55 PM Q & A

- Crisscross- The Intersection Between Human Trafficking,
Domestic, and Sexual Violence
Cynthia Bennett, Founder / CEO of JADASA
- Healthy Eating Habits
Janet Lewis, CEO / Founder of Rustic Root
Sanctuary
- Clean Air
Jeff Miller, Analyst, American Environmental

1:00 PM – 1:15 PM Networking

1:15 PM – 2:00 PM: Third Presentations.

2:05 PM – 2:20 PM Q & A

- Warning Signs of Alzheimer's
Reverend Edmund E. Lowe Sr., Micah Ministry
- Know Your Heart / CPR Demonstration
Benson Adeyemi, American Heart Association
- **2:25 PM – 2:40 PM Networking**
- **2:45 PM – 3:45 PM: CPR / CRT CERTIFICATION**
- **3:45 PM – 4:00 Closing Remarks**