



SEPTEMBER 2025

K-8

Sunflower County
Consolidated Schools



Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day

1

Chicken Nuggets
Chef Salad
Cheesy Macaroni
Green Beans
Fresh Apple, Tropical Fruit
Roll
Low Fat Milk

2

Chicken Fajitas
Pepperoni Pizza
Mexicali Corn
Raw Veggies w/ Dip
Blushing Pears
Assorted Fruit Juices
Low Fat Milk

3

Hamburger Steak w/ Gravy
Chef Salad
Mashed Potatoes
Steamed Broccoli
Fresh Plums, Peach Slices
Roll
Low Fat Milk

4

Chili Dog
Tuna Salad w/ Crackers
Tater Tots
Baby Carrots w/ Dip
Fruit Slushies
Mandarin Oranges
Low Fat Milk

5

BBQ Meatball Hoagie
Chicken Salad w/ Crackers
Seasoned Potato Wedges
Baked Beans
Fresh Plum, Pineapple Tidbits
Low Fat Milk

8

Buffalo Hot Wings
Manager's Choice
Crinkle Cut Fries
Baby Carrots w/ Dip
Fresh Oranges
Fruit Slushies
Low Fat Milk

9

Chicken Tenders
Cheesy Hot Chicken Bites
Mashed Potatoes
Steamed Broccoli
Fresh Watermelon, Peach Slices
Roll
Low Fat Milk

10

Spaghetti & Meat Sauce
Chef Salad
Greens Beans
California Veggies
Fresh Nectarine, Diced Pears
Garlic Toast
Low Fat Milk

11

Corn Dog
Ham & Cheese Hoagie
French Fries
Onion Rings
Fresh Grapes, Pineapple Tidbits
Low Fat Milk

12

Beef Ravioli
Tuna Salad w/ Crackers
Green Beans
Vegetable Juice
Fresh Cantaloupe, Tropical Fruit
Cheesy Breadstick
Low Fat Milk

15

Soft Shell Beef Taco
Chef Salad
Mexicali Corn
Side Salad
Fresh Strawberries, Peach Slices
Low Fat Milk

16

Cheeseburger
Chef Salad
Baked Ranch Fries
Baked Beans
Fresh Oranges, Diced Pears
Low Fat Milk

17

Chicken & Ham Loaded Potatoes
Manager's Choice
Steamed Broccoli
Fresh Nectarines
Fruit Cocktail
Low Fat Milk

18

Chicken Sandwich
Grilled Chicken Sandwich
Seasoned Potatoes
Baby Carrots w/ Dip
Fresh Grapes, Diced Pears
Low Fat Milk

19

Chicken and Waffles
Chicken Salad w/ Crackers
Sweet Potato Fries
Green Peas
Pineapple Tidbits, Peach Slices
Low Fat Milk

22

Beefy Nachos Grande
Chef Salad
Whole Kernel Corn
Vegetable Juice
Fresh Oranges, Tropical Fruit
Low Fat Milk

23

BBQ Pulled Pork
Chicken Salad w/ Crackers
Baked Beans
Confetti Coleslaw
Fresh Apples, Pineapple Tidbits
Low Fat Milk

24

Pepperoni Pizza
Chef Salad
Crinkle Cut Fries
Baby Carrots w/ Dip
Applesauce, Mandarin Oranges
Low Fat Milk

25

Hot Dogs
Grilled Chicken Sandwich
Tater Tots
Vegetable Juice
Fresh Fruit Cup, Mandarin Oranges
Brownies
Low Fat Milk

26

Chili Cheese over Chips
Stuffed Crust Pizza
Raw Veggies w/ Dip
Whole Kernel Corn
Fresh Peaches, Tropical Fruit
Low Fat Milk

29

Cheesy Chicken over Rice
Chef Salad
Green Peas
Italian Sliced Carrots
Fresh Apples, Blushing Pears
Roll
Low Fat Milk

30

This institution is an equal opportunity provider.
Menus are subject to change.