



This institution is an equal opportunity provider

School Information: NSLP Meals are free to all students (1 per service) Adult and seconds: Breakfast \$3.50 Extra Milk \$0.50

All meals are subject to change



BREAKFAST

MONDAY

WG French Toast Sticks
Sausage Link
Fruit
Milk or Juice

02

TUESDAY

WG Pancakes with VT Maple
Syrup
Bacon
Fruit
Milk or Juice

03

WEDNESDAY

Sausage, Egg & Cheese
Sandwich on a WG English
Muffin
Fresh Fruit
Milk or Juice

04

THURSDAY

WG Cinnamon Buns
Scrambled or Hard-boiled egg
Fruit
Milk or Juice

05

FRIDAY

Cabot Yogurt with fresh
Berries and Granola
WG Muffin
Fresh fruit
Milk

06

WG French Toast Sticks
Sausage Link
Fruit
Milk or Juice

09

WG Pancakes with VT Maple
Syrup
Bacon
Fruit
Milk or Juice

10

Sausage, Egg & Cheese
Sandwich on a WG English
Muffin
Fresh Fruit
Milk or Juice

11

WG Cinnamon Buns
Scrambled or Hard-boiled egg
Fruit
Milk or Juice

12

Cabot Yogurt with fresh
Berries and Granola
WG Muffin
Fresh fruit
Milk

13

WG French Toast Sticks
Sausage Link
Fruit
Milk or Juice

16

WG Pancakes with VT Maple
Syrup
Bacon
Fruit
Milk or Juice

17

Sausage, Egg & Cheese
Sandwich on a WG English
Muffin
Fresh Fruit
Milk or Juice

18

WG Cinnamon Buns
Scrambled or Hard-boiled egg
Fruit
Milk or Juice

19

Cabot Yogurt with fresh
Berries and Granola
WG Muffin
Fresh fruit
Milk

20

23

24

25

26

27



Other options available daily- Yogurt, cheese stick, bagel, fresh fruit, Cereal and Yogurt Parfait

FEBRUARY 2026



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LUNCH

MONDAY

Beef Tacos or Nachos
Fresh Guacamole, Salsa,
Sour Cream and Mexican Rice
Fresh Fruit
Milk

02

TUESDAY

BBQ Riblit sandwich on a WG
Bun
Potato Wedges
Fresh fruit
Milk

03

WEDNESDAY

Macaroni and Cheese
Mozzarella Breadstick
Fresh Fruit
Milk

04

THURSDAY

Hot Dog on a WG Roll
Baked Beans
Fresh fruit
Milk

05

FRIDAY

Cheese or Pepperoni Pizza on
a WG crust
Garden Salad
Fresh Fruit
Milk

06

Cheese or Chicken quesadilla on a WG
Tortilla
Fresh Guacamole, Salsa, Sour Cream
and Mexican Rice
Fresh fruit
Milk

09

BBQ Pulled Pork on a WG Bun
Coleslaw
Fresh Fruit
Milk

10

Chicken Broccoli Alfredo w/
WG Pasta
WG Garlic Bread
Fresh Fruit
Milk

11

Ham and Cheese Bage Melts
on a WG Bagel
Tater Tots
Fresh fruit
Milk

12

Cheese or Pepperoni Pizza on
a WG crust
Garden Salad
Fresh Fruit
Milk

13

WG Ravioli
WG Garlic Bread
Broccoli
Fresh Fruit
Milk

16

Chicken Tenders
Tater Tots
Fresh Fruit
Milk

17

WG Chop Suey
WG Garlic Bread
Broccoli
Fresh Fruit
Milk

18

Corn Dogs
Tater tots
Carrots
Fresh fruit
Milk

19

Cheese or Pepperoni Pizza on a
WG crust
Garden Salad
Fresh Fruit
Milk

20

23

24

25

26

27



choice bar will be offered daily with seasonal veggies

*Other items offered daily, PB and Jelly Sandwich, Cheese Stick, yogurt,
oatmeal Bar, Yogurt Parfaits

*Students may mix and match items from the menu and choice bar to create a

Healthy reimbursable meal

FEBRUARY 2026