

School Health Advisory Council Minutes
December 12th, 2024
Odem-Edroy Intermediate Library
4:14 to 4:43

Participants in attendance: Renee Orta, Kathy Farrow, Felicia Espinoza, Ruth Christiana, Christine Yi, Cindy Garcia, Greg Roussel, Belinda Ruiz, Jason Pfluger, Aricela Tortorello, Marissa Mendez

The meeting was called to order at 4:14. Lisa Perez read the mission statement and welcomed members and guests to the meeting. The minutes from the November 14th, 2024, meeting were read by everyone in attendance and approved by all members.

Nutrition:

Kathy Farrow states they are continuing to distribute nutrition newsletters and to reach out if we need help with any programs such as nutrition, health, and physical fitness.

Physical Education:

Renee Orta, Elementary/Intermediate PE teacher reported that right now students are working on basketball, shooting skills, and dribbling. The unit is coming to an end. This upcoming Monday, December 16th, we will have the Jingle Bell Walk for grades K-5 so that families can come walk with their students during their PE/Music time.

Health Services:

Lisa Perez RN, District Nurse reported that we are finishing scoliosis repeats and will be sending out referrals before Christmas break. We've been following up on vision and hearing referrals to ensure that students got their eyes checked so that they will be ready for testing.

Health Education:

Wants to see if we can do handwashing education with our kids when we come back from Christmas break. Handwashing education will be held during PE/music times. Kathy Farrow states she brought information from the health department for Emergency preparedness regarding the high numbers for norovirus.

Healthy School Environment

Jason Pfluger states that we are continuing with our normal safety and security protocols. We have a door company that will be adding some new doors. We are still working on drills. High school had a fire drill this week. We also have two officers in the district every day.

Counselors:

Belinda Ruiz states that they just completed the fall session for Project Turn Around. She states she will be in contact with Jacqueline for the spring semester. She states that this fall session was a small group that touched on 8th graders and this spring session will focus on 6th and 7th graders.

Family and Community Involvement:

They had literacy night on December 10th from 5:30-6:30 for intermediate. The Jingle Bell Walk will be held December 16th for K-5th during PE time.

Esteem Health Curriculum

Christine Yi, Youth Outreach coordinator from the Pregnancy Center of the Coastal Bend spoke to the SHAC about the Esteem Health Curriculum and passed out examples of the material that is used to teach the curriculum for SHAC members to look at for grades 5th through 12th. She also informed SHAC members that they have 5 locations in the coastal bend. They want to provide a primary prevention health curriculum to the schools. The Pregnancy Center of the coastal bend is seeing younger and younger students in crisis, including many 14 and 15 yr olds in our area. They want to make sure that the education is reaching our students before they get to their clinic and have need of their services. She explained that the curriculum she was offering would be provided through a Title V grant and would be free of charge to school districts and would cover all health education TEKS. The grant would be in effect for 5 years. The curriculum is accurate and is updated every 3-5 years. It consists of 14 lessons that are approximately 45-60 minutes long and is broken into two workbook A (non-sensitive topics) and workbook B (sensitive/ opt in topics). The first 9 lessons are non-sensitive topics. The last 5 lessons consist of sensitive topics. Some topics covered include nutrition suicide, social emotional, sexual health, obesity, and diabetes, ect. The curriculum has a strong focus on parental involvement. Parents can go online and see the curriculum and there is a parent preview night available to parents as well. Christine states that the training is minimal and is scripted/guided with a leader kit that provides all the answers. Christine explains the steps for Esteem to be implemented are; she presents twice at SHAC, it gets recommended to the school board, if/once approved we meet with the administration principals, and campus administrators to schedule it out and work out the logistics.

Vote for Esteem Program

For 2025-2026 school year, for grades 5th-8th, all participants are in favor of implementing The Esteem Program in place of the Great Body Shop. The next step will be presenting in front of the school board for voting/implementing.

Great Body Shop

Lisa states that everyone present covered their issues regarding the Great Body Shop and notes that at the next meeting we will review which were opt in/opt out.

Health Fair

Lisa Perez RN reviews health fair. Lisa invites JH campus to the health fair during 6th grade computer science classes, 7th grade Texas History classes, and during 8th grade during enrichment period. All other grades will come during their PE/Music times.

Open discussion

Lisa questions the principals if there is any education that they would like to receive from the health department. Coach Pfluger inquiries about information regarding energy drinks. L. Perez states she emailed Mrs. Carr and will need to touch base with her over the topic.

The meeting was adjourned at 4:43.