

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Dec	2-Dec	3-Dec
<p>Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.</p>		<p>Turkey w/ Gravy WG Teabiscuit Mashed Potato Celery Peach Cup</p> <p>VEGETARIAN: Garden Burger</p>	<p>Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Apple</p> <p>VEGETARIAN: Vegetarian Taco Meat</p>	<p>Teriyaki Chicken Over Brown Rice Fresh Broccoli Fresh Orange</p> <p>VEGETARIAN: Teriyaki Tofu</p>
	6-Dec	7-Dec	8-Dec	9-Dec
<p>Beef Hot Dog on WG Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC</p> <p>VEGETARIAN: Cheesebread w/ Marinara</p>	<p>Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana</p> <p>VEGETARIAN: Gardenburger</p>	<p>Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Sweet & Sour</p> <p>VEGETARIAN: Cheese Enchilada</p>	<p>BBQ Chicken Sandwich Corn Fresh Orange</p> <p>VEGETARIAN: Cheese Enchilada</p>	<p>Bosco Sticks 6" w/ Marinara Fresh Carrots Fresh Apple</p> <p>VEGETARIAN: NONE</p>
13-Dec	14-Dec	15-Dec	16-Dec	17-Dec
<p>Beef Meatball Sub on WG Hoagie Bun w/ Mozzarella Cheese Fresh Carrots Applesauce Cup</p> <p>VEGETARIAN: Tofu w/ Marinara</p>	<p>Breaded Chicken Patty Sandwich on WG Bun American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC</p> <p>VEGETARIAN: Garden Burger</p>	<p>Sloppy Joe on WG Bun Corn Peach Cup</p> <p>VEGETARIAN: Veggie Sloppy Joe</p>	<p>Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce PC</p> <p>VEGETARIAN: Cheese Enchilada</p>	<p>Chicken Nachos WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup</p> <p>VEGETARIAN: Vegetarian Taco</p>
20-Dec	21-Dec	22-Dec	23-Dec	24-Dec
<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>
27-Dec	28-Dec	29-Dec	30-Dec	31-Dec
<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>	<p>WINTER BREAK NO SCHOOL</p>