



# February 2023



THATCHER LUNCH 3-8TH  
DAILY ALTERNATE OF ENTRÉE SALAD, SANDWICH OR WRAP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<b>Spaghetti</b> Green Beans Alt: BBQ Chicken Sandwich	<b>Roasted Chicken</b> Peas Alt : Pulled Pork Sandwich	
<b>Breakfast</b> Tater Totes Cheesy Eggs Alt: Turkey Wrap	<b>Chicken Patty Sandwich</b> Fry Alt: Pizza	<b>Hot Dog</b> Mixed Vegetables Alt: Chinese Bowl Teriyaki	<b>Club Sandwich</b> Celery Sticks Alt: Fish Sandwich	
<b>Baked Ziti</b> Pea & Carrot Alt: Corn dog	<b>Nachos</b> Cheesy Beans Alt: Chicken Breast Ranch Wrap	<b>Cheeseburger Broccoli</b> Alt: Fish Sandwich MG Chips	<b>Spaghetti</b> Carrots Alt: Ham & cheese Bagel Sandwich	
	<b>Corn Dog Broccoli</b> Alt: <b>Baja Chicken</b> Cilantro Rice	<b>Chicken nuggets</b> Tater Tots Alt: Hot Dog	<b>Pizza</b> Cole Slaw Or Baked Beans Alt: Pulled Pork	
<b>Frito Pie</b> Rice Alt: Bean Burrito	<b>Chicken Tacos</b> Corn Alt: Beef Taco			

## NUTRITION BAR

Choose from a variety of fresh fruits or vegetables.

½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at [faye.rodriquez@k12byelior.com](mailto:faye.rodriquez@k12byelior.com) or call 928-322-

 BeWell Healthy Choice K-12 BY ELIOR

 Vegetarian (Ovo-Lacto)

 Local

 Fresh Picks

This institution is an equal opportunity provider