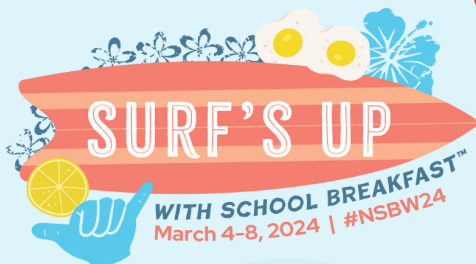


Fannin County Middle School

menus for

MARCH
2024

This institution is an equal opportunity provider. Menus are subject to change.



Dive deeper at schoolnutrition.org/nsbw



Featured Specials of the Day

Friday, March 1

Cheese Twiz Stick w/Marinara, Beef Hot Dog,
Munchbox Power Pack, Potato Tots, Fresh Veggie Dippers,
Green Beans, 100% Fruit Juice, Seasonal Fresh Fruit

National School Breakfast Week

Monday, March 4

Chicken Filet Sandwich, Retro Pepperoni Pizza,
Munchbox Power Pack,
Peas, Corn, Side Salad, 100% Fruit Juice, Pears

Tuesday, March 5

Chicken Nuggets w/Waffle,
Griller Hamburger, Turkey Chef Salad,
Creamed Potatoes, Gravy, Broccoli, Lettuce & Tomato,
100% Fruit Juice, Blueberries W/Whipped Topping

Wednesday, March 6

Fish Sticks w/Macaroni & Cheese, Mac & Cheese w/ Roll,
Munchbox Italiano or Power Pack,
Corn, Fresh Veggie Dippers, Green Beans,
100% Fruit Juice, Seasonal Fresh Fruit

Thursday, March 7

BBQ Pork Sandwich, Chicken Noodle Soup, Thai Chicken Salad,
Seasoned Potato Wedges, Baked Beans, Side Salad, Pickles,
100% Fruit Juice, Banana

Friday, March 8

Cheese Pizza Bagel Bites, Beef Hotdog,
Munchbox Power Pack, Fresh Veggie Dippers,
Baby Carrots, Side Salad, 100% Fruit Juice, Fresh Seasonal Fruit

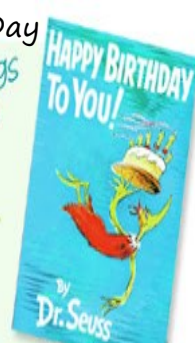
"Read Across America" Day
"The more that you read, the more things
you will know. The more that you learn,
the more places you'll go."

"Today you are you, that is truer
than true. There is no one alive
who is youer than you."

"think left and think right and think low
and think high. oh, the things you can
think up if only you try!"

"Kid, you'll move mountains! Today is
your day! Your mountain is waiting.
So get on your way."

Dr. Seuss' Birthday March 2 - Dr. Seuss



HAPPY BIRTHDAY DR. SEUSS!

www.drwatkins.com



AVAILABLE DAILY

**The "Rebel Munchbox" is a meal
which includes a variety of proteins
and cheese with a serving of whole
grain. Students may add additional
fruits & vegetables to complement
the meal.**

**A choice of milk is available each day
including non-fat unflavored, chocolate
and 1% unflavored.**

**Si es necesario que esta información
sea traducida en su idioma, por fa-
vor de comunicarse con la escuela
de su hijo.**



SPRING
FORWARD



OUR NATION'S HISTORY

Beginning with a severe famine in the 1840's, millions of Irish people came to America seeking a better life and greater freedom. By the late 1800's, New York had a larger population of people born in Ireland than did Dublin, the Irish capital. Today, more than 30 million Americans claim Irish heritage, more than seven times the entire population of Ireland.



WITH LIBERTY & JUSTICE FOR ALL

Featured Specials of the Day

Monday, March 11

Chicken Alfredo w/Breadstick, Retro Cheese Pizza,
Munchbox Power Pack, Carrots, Green Peas, Side Salad,
100% Fruit Juice, Peaches

Tuesday, March 12

Popcorn Chicken w/WG Roll, Beef Hot Dog,
Turkey Chef Salad, Creamed Potatoes, Gravy, Broccoli,
Fresh Veggie Dippers, 100% Fruit Juice, Fresh Apple Slices

Wednesday, March 13

Griller Hamburger, Mac & Cheese w/WG Roll
Munchbox All American & Power Pack,
Baked Sweet Potato, Green Beans, Lettuce & Tomato,
100% Fruit Juice, Seasonal Fresh Fruit

Thursday, March 14

Beef Taco Crunch Wrap & Cheese Cup, Carolina Bird Dog,
Sweet & Spicy Thai Chicken Salad Fresh Veggie Dippers,
Refried Beans, Lettuce & Tomato, 100% Fruit Juice, Banana

Friday, March 15

Cheesy Twiz Stick w/Marinara, Griller Hamburger
Munchbox Power Pack, Tater Tots, Baby Carrots, Side Salad,
100% Fruit Juice, Seasonal Fresh Fruit

Featured Specials of the Day

Monday, March 18

Spaghetti w/ Meat Sauce & Garlic Toast,
Retro Pepperoni Pizza, Munchbox Power Pack,
Green Beans, Corn, Side Salad, 100% Fruit Juice, Pears

Tuesday, March 19

Chicken Nuggets w/Waffle, Italian Bird Dog, Turkey Chef Salad,
Creamed Potatoes, Gravy, Broccoli, Side Salad,
100% Fruit Juice, Blueberries W/Whipped Topping

Wednesday, March 20

Mac & Cheese w/ Buffalo Bites, Mac & Cheese w/ WG Roll,
Munchbox Italiano or Power Pack,
Corn, Side Salad, Fresh Veggie Dipper,
100% Fruit Juice, Seasonal Fresh Fruit

Thursday, March 21

Beef & Cheese Nachos, Griller Hamburger,
Thai Chicken Salad, Roasted Spicy Sweet Potatoes, Black Beans,
Lettuce & Tomatoes, 100% Fruit Juice, Banana

Friday, March 22

Stuffed Crust Pizza, Beef Hot Dog, Munchbox Power Pack,
Seasoned Potatoes Wedges, Baby Carrots, Side Salad,
100% Fruit Juice, Seasonal Fresh Fruit

Featured Specials of the Day

Monday, March 25

Chili w/Tortilla Chips, Retro Sausage Pizza,
Munchbox Power Pack, Baked Potato, Fresh Veggie Dippers, Corn
Cheese Cup, 100% Fruit Juice, Peaches

Tuesday, March 26

Popcorn Chicken w/Roll, Italian Bird Dog,
Turkey Chef Salad, Creamed Potatoes, Gravy, Black Eye Peas,
Side Salad, 100% Fruit Juice, Fresh Apple Slices

Wednesday, March 27

Mac & Cheese w/ Beef Steak, Mac & Cheese w/ WG Roll,
Munchbox All American or Power Pack,
Broccoli, Fresh Veggie Dippers, Side Salad,
100% Fruit Juice, Seasonal Fresh Fruit

Thursday, March 28

Chicken Fajita Nachos, Griller Hamburger Thai Chicken Salad,
Baked Sweet Potato, Corn, Lettuce & Tomato,
100% Fruit Juice, Banana

Parent/Teacher Conferences

ST. PATRICK'S DAY

MARCH 17

Follow a Rainbow to a Pot o' Gold!

HAPPY EASTER!



SPRING

BREAK

Break begins at
the end of classes:

Thursday, March 28

Classes resume:

Monday, April 8



EMERGENCY MAKE UP DAYS

eatfit

wanna stay fit?
gotta eat right!

item: Hard-boiled Eggs

verdict: Can't be beat!

tip: Although most hard-boiled eggs aren't as fancy as this one, you find a lot of them around this time of year. And when you see one, you should eat it -- whether it's decorated or not. A hard-boiled egg is a convenient, inexpensive source of high-quality protein, with just a little fat and not a lot of calories.

