

Knappa High School

All learners prepared to rise to the opportunities and challenges of the world



2024-25 Athletic Policy

Mission

The Knappa School District will INSPIRE all learners to ACHIEVE academically and THRIVE as independent and PRODUCTIVE citizens.

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Academic Eligibility - Enrolled Students

In order to be eligible to participate in athletics, a student shall have been enrolled in school, attended regularly, and passed at least 5 of their 7 classes in the previous transcript grading period. Students also must be on track to graduate. *On track to graduate is defined by the Oregon Schools Activity Association (OSAA) as a student entering their 10th grade year must have earned 5 credits, entering 11th grade 11 credits, and entering 12th 18.5 credits.*

This policy would apply to all students, unless they are making satisfactory progress on an Individualized Educational Plan (IEP).

Academic Eligibility - Homeschool Students

In lieu of satisfying the above academic eligibility requirements, homeschool students have two options to be deemed academically eligible by the OSAA:

- 1) achieve a minimum score on an examination from the list the State Board of Education adopts under ORS 339.035. The student must take the examination prior to the beginning of the school year (by August 15) in which the student will participate in an interscholastic activity and for which academic eligibility is being determined. The minimum, composite test score as determined by the State Board of Education is the 23rd percentile. The score is used to determine eligibility for the following school year.
- 2) submit a portfolio of work samples to the athletic director for review to determine whether a homeschool student is eligible to participate in interscholastic activities.

Attendance Requirements

Students *must* attend all of their classes on the day of an event. Students who fail to meet this requirement are ineligible to participate in practices or competition.

PLEASE NOTE: A student who is absent from school for any part of a school day without a prearranged excuse (day prior) or a note from an authorized person at the site of an appointment may not participate in a practice or activity that day. Emergencies must be cleared through the principal or athletic director.

Participation Requirements

- ★ Physical Examination - All student athletes must have a physical examination every two years and that physical examination must be valid for the entire sports season in which the student wishes to participate before he/she can begin each sport. The physical must be performed by a licensed physician or

nurse practitioner and completed on an official OSAA approved physical form and be on file in the office. This form is available at the school office.

- ★ Parent Permission Slip/Proof of Insurance - All student athletes must have a signed parent/guardian permission form on file in the office. This form provides emergency information, proof of insurance and permission to participate in activities at Knappa High School. This form is available at the school office. A new form must be submitted each year.
- ★ Students and parents/guardians must sign the student drug-testing authorization form. If tested, these will be administered by a designee of the superintendent and the district nurse.

Participation Fees

Athletic Fee \$100 (Annual: \$200 cap per athlete/\$500 cap per family)

No student will be denied the opportunity to participate in school programs because of financial hardship. If a hardship still exists after completing the free/reduced lunch paperwork, contact the principal, athletic director, or head coach prior to the start of the season.

Fees must be paid before the student can begin practice unless prior arrangements have been made with the principal, athletic director, or school secretary.

If a student leaves the team for any reason before the start of the first contest, fees will be refunded. If a student leaves the team after the start of the first contest, no fees will be refunded.

If a student athlete is injured and cannot complete the season, half the fee will be refunded if the season is less than half complete. If half or more of the season is complete there will be no refund. The season begins on the first day of practice and ends at the conclusion of the last contest.

Available Sports

The athletic program for the high school presently includes cross country, volleyball and football in the fall; basketball and wrestling in the winter; softball, baseball, and track in the spring. The athletic director, the principal, the superintendent of schools and the school board annually determine which sports will be included in the program.

1) A student who drops out of an activity of his/her own accord will not be allowed to take part in any other activity until the original activity has completed its season or unless mutually agreed upon by both coaches/advisors and the Athletic Director.

2) No student may participate in more than one activity during any one season unless the Athletic Director and both coaches/advisors are in agreement.

Illegal Substance Policy

Any athlete who participates in sports shall totally abstain from:

A. the use or possession of any type of tobacco, chewing or smoking or any device that may be used to deliver tobacco smoke, or any other vaping device.

B. The use or possession of alcohol.

C. The use, possession or selling of any illegal drugs or paraphernalia.

The prohibition on tobacco, alcohol, and illegal drugs applies to all student athletes, on and off campus, **throughout the entire calendar year.**

All other training rules such as those involving misconduct on the fields, courts, or in the dressing rooms, use of profane language, missing practice, or other types of behavior involving conduct during the season, will be set and enforced by the coach in charge of that team. It is the responsibility of the head coach of each sport to assure that J.V. teams abide by the same rules. In the event of any disagreement among the coaches in a sport, the head coach's decision is final.

Students are bound by this code of conduct with all accompanying rules at all times, from the time the decision is made to participate in interscholastic athletics, and the participation form is signed. **This includes off-season time periods and the summer.**

The following behaviors will result in an infraction:

1) Use or possession of any alcoholic beverages.

2) Use or possession of any other illegal drugs or drug paraphernalia.

3) If a student-athlete attends a function where alcohol or non-prescriptive drugs are being consumed and:

a. She/he knew prior to the function that alcohol and/or non-prescriptive drugs were being consumed

b. Prior to attending a function, she/he was not aware of alcohol or non-prescribed drugs being consumed and after becoming aware doesn't leave the function **immediately.**

4) Use or possession of tobacco, vaping or related paraphernalia.

Infraction Steps

1) STEP ONE - The **first infraction** by a student will cause them to miss 20% of their current sports season. If the season has less than 20% remaining, the suspension will carry over into their next sport. For example, if a player misses 1 football game (10% of a football season), they would also have to miss 2 basketball games (10% of a season). In lieu of suspension, a student may complete a drug/alcohol/tobacco assistance program with submission of follow-up drug testing (when applicable), at the parents expense. Additionally:

- a. At the discretion of the coach or Athletic Director, the athlete will write an apology letter to their team and coach. The Athletic Director or coach must approve the letter.
- b. Students who choose to sit out 20% of the season may continue to practice with the team. They will not be allowed to dress for contests. Students who choose the class will be able to participate fully. Should the student not complete the class in the time frame agreed upon, they will serve the suspension as stated in this step.

2) STEP TWO - The **second infraction** by a student will cause them to miss 50% of an athletic season. If there is less than 50% of the season remaining the suspension will carry over into their next sport. For example, if a player misses 6 basketball games (25%), they would also have to miss 6 softball games (25%). In addition to missing 50% they must complete the following:

- a. In order for a student to return to play on their second infraction they must take an online course that educates them on Drug/ Alcohol/ Tobacco. The school will provide them with classes they can take. The student is responsible for paying for this unless there is financial need. In case of financial need assistance will occur.
- b. At the discretion of the coach, Students on this step may continue to practice with the team. They will not be allowed to dress for contests. If the suspension will last the rest of the season, the coach can remove them from the team at their discretion.

3) STEP THREE - The **third infraction** by a student will cause a student to miss 365 days of athletics. For example, if the student receives their 3rd infraction for an event that happened on May 13th, they will not be able to participate in any athletics until May 13th of the next year.

- a. Students on this step may be allowed to practice on a case by case basis determined by their coaches and the athletic director. Students who are on step 3 will not receive any team gear outside of practice materials and will not travel to away games unless approved by the athletic director.

4) STEP FOUR - The **fourth infraction** by a student will result in no more athletics for the remainder of their time at Knappa.

- a. The exception being that if they do not have an infraction for two full calendar years after getting step four they can resume athletics at step three. The next infraction would once again result in them being done with athletics.

* Any student-athlete who has an infraction occurring at any step will not be allowed to be nominated for an all league award for the season the violation occurred. If the suspension spans multiple seasons, the athlete would only be ineligible for nomination during the first season.

Self-Reporting

If a student believes they may have a problem with a controlled substance, the school will help the student find appropriate treatment. If this report is made prior to administration’s knowledge of an incident, there will be no further consequences.

Appeals Process

1) Within five calendar days of the violation notice, a written appeal may be submitted to the Principal. The principal, within five days of receiving the written request, will set a hearing to review the incident, the due process, and if the discipline was administered in accordance with the regulations. The principal will return a written decision to all parties within three days of the hearing. This decision may be appealed in writing to the Superintendent within three days of receiving the principal’s decision.

2) Within five calendar days of the first appeal decision, a written appeal may be submitted to the Superintendent. The Superintendent, within five days of receiving the written request, will set a hearing to review the incident, the due process, and if the discipline was administered in accordance with the regulations. The Superintendent will return a written decision to all parties within three days of the hearing. This decision may be appealed in writing to the School Board within three days of receiving the Superintendent’s decision.

3) The board will follow school board policy on appeals.

Suspension Length Chart

Sport	Full Season	20% of Contests	50% of Contests
Cross Country	10	2	5
Football	9	2	5

Volleyball	18	4	9
Basketball	24	5	12
Wrestling	14	3	7
Baseball	26	5	13
Softball	26	5	13
Track	12	2	6

Athletic Training Rules

Athletic teams may establish rules of conduct and consequences for misconduct that are stricter than those for students in general. If a training rule violation is also a violation of the Student Code of Conduct, the consequences specified by the district may apply in addition to any consequences specified by the team.

Other information:

- 1) Coaches may have their own contracts for students to follow in season. Failure to follow these contracts can result in loss of playing time or games.
- 2) If a student is cooperatively playing with another school, or cooperatively playing with our school they will be adherent to the host schools policies for behavior.
- 3) Students who violate school rules and/or break the law may be subject to suspension or removal from athletics at the discretion of the principal and/or head coach.

The *Athletic Training Rules* do not replace any student rights or responsibilities set forth in the general provisions of this handbook or in the policies of the Knappa School District.

Transportation

Students on athletic teams or formally participating in off-campus events must be transported to and from the activity in authorized vehicles. These include district buses, charter buses, and vehicles driven by staff members or members of the coaching staff.

With the approval of either the principal, the athletic director or the coach, exceptions may be made at the request of the student's parents. *In all cases, the driver must be at least 21 years of age (excluding immediate family) and have the expressed consent of the student's parents and the principal or athletic director.* These requirements apply to

transportation to *and* from all events. All drivers are required to complete a liability waiver form and to provide proof of insurance to transport students as a representative of the Knappa School District.

Equipment

The coaching staff and student managers will issue uniforms, equipment and supplies. Proper care and punctual return of these items will be the responsibility of the athlete.

- 1.) Athletes will be required to pay the replacement cost of any uniforms or gear checked out to them that is not returned.
- 2.) All uniforms and gear must be returned prior to starting practice for another sport. If any equipment/uniforms are still out by the time the next season's competitions start, the student will not be eligible to compete until all equipment/uniforms are turned in. If any school property is lost, the replacement cost must be paid prior to beginning another sport.

Awards

General Qualifications

- 1) A student may receive only one "KS" letter per high school career. If she/he earns more than one letter, he/she will be awarded the sport's emblem for each season a letter is earned.
- 2) All participants will receive a certificate for each sport they successfully complete.
- 3) An official letter will be awarded to the managers, student trainers, or statisticians on recommendation of the head coach.
- 4) Any student who has turned out for a sport and is injured before she/he has earned a letter may be awarded a letter upon recommendation of the head coach.
- 5) A senior who has participated in a program for the duration of her/his years at Knappa High School and adheres to all qualifications without earning the standard award may be awarded a letter upon recommendation of the head coach.
- 6) An athlete must demonstrate sportsmanship, hustle, cooperation and adherence to training rules.

Other qualifications for a Varsity letter may be set by each head coach at the beginning of the season.