OCTOBER 2026

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
MENU SUBJECT				Chicken & Biscuit	Waffles or	
TO CHANGE!!				or Cereal Bars	Cereal w/Grahams	
				Cheesestick	Cheesestick	
				Fruit/Juice	Fruit/Juice	
				Milk	Milk	
4	5	6	7	8	9	10
	Pancakes or	Frudal or	Cinnamon Rolls or	Bk Sandwich or	Cereal w/Grahams	
	Cereal Bar	Muffin	Poptart	Cinni Minis	French Toast	
	Cheesestick	Cheesestick	Fruit/Juice	Cheesestick	Cheesestick	
	Fruit/Juice	Fruit/Juice	Yogurt/Raisins	Fruit/Juice	Juice/Fruit	
	Milk	Milk	Milk	Milk	Milk	
11	12	13	14	15	16	17
		Banana Bread or	Donuts or	Bagel w/cream cheese	Cereal w/Grahams	
		Frudals	Poptart	or Muffins	or Cinn.Toast Neuf Bar	
	NO SCHOOL	Cheesestick	Cheesestick	Cheesestick	Cheesestick	
		Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	
		Milk	Milk	Milk	Milk	
18	19	20	21	22	23	24
	Pancakes or	Banana Bread or	Cinnamon Rolls or	Egg w/Croissant or	Cereal w/Grahams	
	Cereal w/graham cracker	Waffles	Poptart	Cereal Bars	or French toast	
	Cheesestick	Cheesestick	Yogurt/Raisins	Cheesestick	Cheesetick	
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	
	Milk	Milk	Milk	Milk	Milk	
25	26	27	28	29	30	31
	Cereal w/graham cracker	Pancakes or Muffins	Cinnamon Rolls or	Waffles or	Donuts or	
	or Sausage Biscuit	Cheesestick	Poptart	Cinn.Toast Neuf Bars	Cereal w/Grahams	
	Cheesestick	Fruit	Yogurt/Raisins	Cheeesestick	Cheesestick	
	Fruit/Juice	Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	
	Milk	Milk	Milk	Milk	Milk	

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